



BIKE

RIDE FOREVER!



May 2019 MONTH

IOWA CITY | CORALVILLE | NORTH LIBERTY | UNIVERSITY HEIGHTS

Bicycling is a fun way to get to work, do errands, or get exercise. During May we celebrate our community of joyful cyclists. Come join us!

Wednesday, May 1

East Side Bike Night

Longfellow School playground | 6 pm
Family friendly slow ride to explore east side Iowa City trails and parks. Suitable for kids of all ages!

Thursday, May 2

Overdue Ride

Iowa City Bike Library, 700 S. Dubuque St. | 7 pm
Whether you're an experienced rider or just starting out, come join this weekly low-key ride to explore our community. No rider left behind.

Friday, May 3

First Friday Bike Month Kickoff

North of UI Main Library, Madison St. | 4 - 6:30 pm
Refresh yourself and learn about bicycling opportunities in the area, sponsored by Bicyclists of Iowa City and Ulowa Bike Friends.

Saturday, May 4

Move Naturally to the Market

Iowa City Farmers Market, Chauncey Swan Ramp
7:30 - 11:30 am
Reward yourself for walking or cycling, receive a \$2 coupon to spend at the IC Farmers Market.

Yoga for Cyclists

Iowa City Bike Library, 700 S. Dubuque St.
4 pm and 5:30 pm
Cyclist and yoga instructor Michelle Barker leads two classes in stretching and strengthening poses essential for any cyclist. Class size limited to 20 yogis per session.

Sunday, May 5

Bike Shop Hop

Choose your start: Iowa City Big Grove | 7:45 am
OR Sugar Bottom Bikes, North Liberty | 9 am
Progressive ride organized by Bicyclists of Iowa City. Get all 5 stops stamped on your special passport for a chance to win special prizes.

Coffee Outside

College Green Park | 8:30 am
Show off your fave coffee brewing technique or come ready to enjoy some joe at the #coffeeoutside meetup. BYOC (Bring Your Own Cup)

Wednesday, May 8

Bike 2 School's Cool!

North Liberty Community Center, 520 W. Cherry St.
6:45 am Pre-ride fun, 3 pm Post-ride party
Encourage kids to ride safely to school organized by Iowa Safe Routes to School. Young riders are escorted to and from school and enjoy a post-ride party. Must be registered by May 1.

Thursday, May 9

Overdue Ride—See May 2

Saturday, May 11

Move Naturally to the Market—See May 4

Sunday, May 12

Coffee Outside—See May 5

Trueblood “100” Family Ride

Trueblood Recreation Area | 1–6 pm

Bring your posse to this new event. Choose one of four options—the more people, the fewer miles you'll ride! Options include: Century (100 miles), Metric Century 100km (62 miles), Half Century (50 miles), Half Metric Century 50km (31 miles).

Bike to Work Week May 13-19

Monday, May 13

Bike Commuter Fueling Station

Corner of Linn and College streets | 7-9 am

Bike Friendly Business Neumann Monson

Architects serves up a tasty breakfast to fuel your ride to work, school, or play.

Tuesday, May 14

Johnson County Bike Commuter Breakfast

South of Johnson County Administration

Building, 913 S. Dubuque St. | 7-9 am

(Rain location is ramp north of the Health Human Services Building, 855 S. Dubuque St.)

The County celebrates the cyclist community with breakfast.

Wednesday, May 15

U Heights - Geoff's Bike and Ski Breakfast

University Heights Community Center, 1302

Melrose Ave. | 6:30-10 am

This dynamic duo salute another year of cycling in U Heights and beyond. Stop by on your way to work or school for a tasty breakfast.

Co-op to Co-op Community Ride

Start: College Green Park, College and Johnson streets, Iowa City | 5:30 pm

End: New Pioneer Co-op, 1102 2nd St., Coralville

The community's most beloved biking event is back for more two-wheeled fun for the whole family. Cyclists ride together from College Green Park to Coralville for food, drinks, prizes and fun!

Thursday, May 16

Overdue Ride—See May 2

Friday, May 17

Bike Library 15th Anniversary Party

Iowa City Bike Library, 700 S. Dubuque St. | 5-9 pm

Get duded up in your best party togs for a ride celebrating 15 years of the Bike Library.

Saturday, May 18

Move Naturally to the Market—See May 4

Bike Match Ride

North Ridge Park Shelter, Coralville | 8:30 am

Want to bicycle around town but are unsure how to get started? This event pairs newbies and road warriors to learn riding routes. Fuel up first, choose your route, and ride!

Bike Rodeo & Slow Roll

North Liberty Community Center, 520 W. Cherry St., North Liberty | 11 a.m.-2 p.m

Kids bring bikes for safety checks and ride the Family Slow Roll, organized by the North Liberty Optimist Club and NL Recreation Dept. Kids must be accompanied by an adult and all riders bring their own bikes and helmets.

Sunday, May 19

Coffee Outside—See May 5

Broken Spoke Treasure Hunt

Broken Spoke, 757 S. Gilbert St., IC | 1-4 pm

There's no guarantee of pirates but you will find an adventure at this family-friendly event. Bring non-perishable donations for the Food Bank.

www.thebrokenspoke.com

Tip to Tip Multimedia Show

Big Grove Brewery Iowa City, 1225 S. Gilbert St. | 5-7 pm

Follow along an epic 20,000 mile self-supported bicycle journey from Alaska to Tierra del Fuego, in this multi-media presentation by Irene Schroeder.

Thursday, May 23

Overdue Ride—See May 2

Saturday, May 25

Move Naturally to the Market—See May 4

Sunday, May 26

Coffee Outside—See May 5

Thursday, May 30

Overdue Ride—See May 2

These events have been made possible in part with grants from **Think Bicycles of Johnson County**. For more information about these or other events, visit our website:

www.thinkbicycles.org, or Facebook page.

But, wait, there's more!

MERGE

136 S. Dubuque St. Iowa City

Offering FREE coworking to anyone who rides a bike to MERGE from May 13–17.

Bike to Books

Between May 1- August 6, explore the Little Free Libraries of the South District Neighborhood. Pick up a booklet at southside schools, the Iowa City Public Library, and other sites. Collect rubbings from plaques and present completed booklet at South District National Night Out on August 6 for a chance to win! For more information, “like” us on Facebook: **South District Neighborhood**

Visit www.bicyclistsoflowacity.org for a listing of Bicyclists of Iowa City-organized road rides.

Crandic Racing Club calendar of bicycling, running and other events:

www.crandicracing.com

Geoff's Bike and Ski 816 S. Gilbert St.

Hosts weekly all-level Tuesday Night Townie Trails and Roadie Wednesday rides, both start at 6:15 pm.

www.geoffsbikeandski.com

Gravel Scouts

World of Bikes, 723 S. Gilbert St.

Monday night no-drop rides, 6:15 pm.

www.worldofbikes.com

Roadside Repair, Iowa City Bike Library

700 S. Dubuque St.

Fridays in May, 5 pm.


www.icbikelibrary.org

Sugar Bottom Bikes

325 Dubuque St., North Liberty


Wednesday Ride to Reds, 6 pm.

www.sugarbottombikes.com

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