

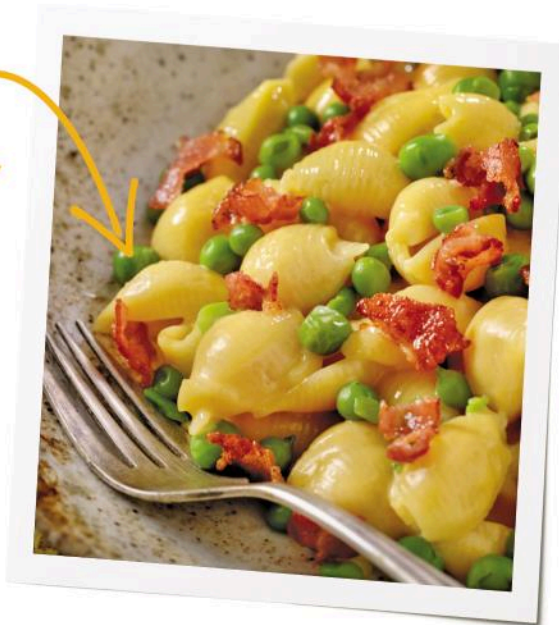
coop deals

AUG 14 - SEPT 3, 2019

mealtime
winner

BUSY DAY LUNCH OR DINNER

Stock up on Annie's Shells
& Cheddar and be ready for
whatever back-to-school
weeknights or busy Saturdays
send your way.



10/\$10

Annie's Homegrown
Mac & Cheese

5.25-6 oz., selected varieties



4/\$5

Siggis
Icelandic Style
Yogurt
4.4-5.3 oz., selected
varieties



2/\$6

Jackson's Honest
Potato Chips
5 oz., selected varieties



3.99

Crofter's
Organic Premium
Fruit Spread
16.5 oz., selected varieties
10-11 oz. Crofter's Fruit
Spreads also on sale



Back to school savings for every family.

You're welcome at the co-op!



6.99

**Equal Exchange
Organic Coffee**
10-12 oz., selected
varieties



3.49

**Good Karma
Flaxmilk**
64 oz., selected varieties



refreshing cold pressed juice

Evolution Fresh Juice is cold pressed, never heat pasteurized, creating the most authentic tasting juice you'll ever taste. Our juice is USDA Certified Organic, Non-GMO Project Verified and kosher certified.

5.99

**Evolution Fresh
Organic Juice**
59 oz., selected varieties



Early morning fuel for the whole family.

Shop the co-op.



3.99

**Bhakti
Iced Chai**
16 oz., selected varieties



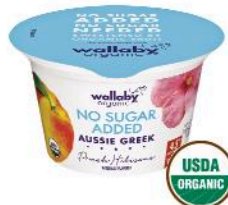
4.99

**Redwood Hill Farm
Goat Milk Kefir**
32 oz., selected varieties



3.99

**Ripple
Non-Dairy
Pea Milk**
48 oz., selected
varieties



4/\$5

**Wallaby Organic
Unsweetened
Greek Yogurt**
5.3 oz., selected varieties



4.49

**Maple Hill
Creamery
Organic Whole
Milk Kefir**
32 oz., selected varieties



Better breakfasts start at the co-op.



2/\$4

**Hail Merry
Two-pack Cups**
1.52-1.76 oz., selected
varieties



3.99

**Halo Top
Ice Cream**
16 oz., selected varieties



love bread again

Going gluten-free doesn't mean you have to compromise. At Canyon Bakehouse, we believe in making Certified Gluten-Free products made with 100% whole grains, no GMOs, and free from dairy, nuts and soy.

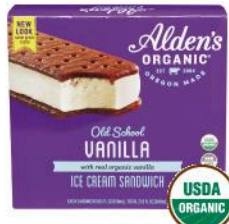
4.49

**Canyon Bakehouse
Gluten-Free Bread**
14-18 oz., selected varieties



3.99

**So Delicious
Non-Dairy Frozen
Dessert**
16 oz., selected varieties



5.99

**Alden's Organic
Frozen Novelties**
6-8 ct., selected varieties
Other Alden's frozen
novelties also on sale



4.99

**Luna & Larry's
Organic Frozen
Dessert Bars**
3 pack, selected
varieties



*frozen treat
yourself!*

Whether you're a fan of creamy scoops or looking for funky frozen novelties, the co-op has the coolest treats around. Shop deals on deliciously crafted frozen treats all year. We won't even make you finish your supper first.

Find treats for everyone when you shop the co-op.

*call us crazy,
but it's working!*

When you spend your milk money on **Organic Valley**, we give you fresh food you can trust. It all comes from the family farms of our cooperative. With your support, we make real changes in the world one small step—and farm—at a time.

2.99

Organic Valley
Grassmilk Half & Half

3.99

Organic Valley
Mozzarella Stringles

4.99

Organic Valley
1% Lactose Free Milk





GROWING

healthy

communities

Throughout August, every time you choose an Organic Valley product, a **\$1 donation** will go to the **National Farm to School Network's school garden program!** Spend your milk money wisely on Organic Valley and help improve food education and school lunches in your local community.




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The Hoffner Family Farm
North Carolina

CROPP Cooperative will donate \$1 to the National Farm to School Network (through the Tides Center a 501(c)(3)) for every Organic Valley, Organic Prairie, or Mighty Organic product purchased in participating NCC retailers in August 2019. Donations (total capped at \$15,000) will be made to three schools for an organic garden. For full rules and complete details, visit <https://www.organicvalley.coop/contest-rules>.

Shop the co-op and support your community!



better milk = better tasting cheese



Applegate redesigned its cheese in 2018 and now partners with small family farmers in Iowa whose businesses rely on the health and happiness of their cows. We know that when cows are happy and well-nourished, they reward us with some of the highest quality milk.

2/\$5

**Applegate
Sliced Cheese**

6 oz., selected varieties
Applegate Shredded Cheese also on sale



2/\$8

**Organic Valley
Snack Kit**
2.36 oz., selected
varieties



4/\$5

**Larabar
Organic
Superfoods Bar**
1.6 oz., selected varieties



2/\$6

**Honest Kids
Organic Juice
Drink**
8 pack, selected
varieties



farm to bowl

Made with organic noodles,
less sodium and absolutely no
artificial preservatives, colors or
flavors — Koyo digs clean umami!

4/\$3

**Koyo
Ramen**

2-2.1 oz., selected varieties



3.99

**Stonyfield
Organic Kids
Yogurt Tubes**
8 ct., selected varieties



2/\$7

**Back To Nature
Cookies**
8-12 oz., selected
varieties

Fill everyone's lunch boxes with great deals!

box tops is going digital

We've updated the Box Tops for Education program, and now giving back to your school is easier than ever! Just download the Box Tops for Education app, scan an image of the receipt with your purchase on it within 14 days, and that's it!



2/\$5

Annie's Homegrown Snacks
7.5 oz., selected varieties

2/\$5

Annie's Homegrown Organic Fruit Snacks
4 oz., selected varieties

2/\$6

Cascadian Farm Organic Granola Bars
7.4 oz., selected varieties

2/\$6

Cascadian Farm Organic Cereal
12 oz., selected varieties



Taste the co-op difference in every bite!

Fuel for your day.

salty, sweet and grain-free



Purely Elizabeth's irresistible grain-free granola is made with creamy cashew butter, coconut oil and hints of vanilla and sea salt. It is sweetened with coconut sugar and Certified Gluten-Free, Non-GMO and vegan.

5.49

Purely Elizabeth Organic Granola
8 oz., selected varieties



2/\$7

Nature's Path Organic Cereal
10-14 oz., selected varieties



Discover back to school favorites at the co-op!



2/\$4

**Perfect Bar
Organic Protein
Bar**
2.5 oz., selected varieties



bigger than a bar

GoMacro MacroBars are made from simple, high-quality ingredients that are all USDA certified organic, gluten-free, vegan, kosher, non-GMO, C.L.E.A.N., R.A.W., and soy-free.

2/\$4

**GoMacro
Organic Macrobar**
2-2.5 oz., selected varieties



3.99

**Nature's Path
Organic Nut
Butter Bar**
6.2 oz., selected varieties



2/\$4

**Primal Kitchen
Protein Bar**
1.7 oz., selected varieties



2/\$4

**Bobo's
Oat Bar**
2.5 oz., selected varieties



ready, set, go go go!

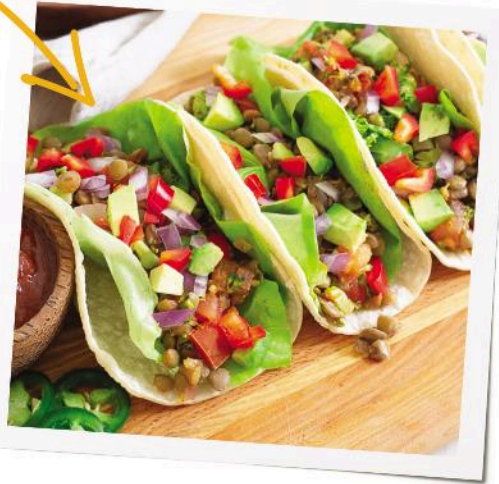
Back to school season can be busy. Keeping a few portable, nutritious (and tasty) treats from the co-op on hand can help you and your family stay fueled on even the busiest days. Snack bars, trail mix and fresh fruit are all great options and widely available at your local co-op.



Busy days made better with nutritious bites.

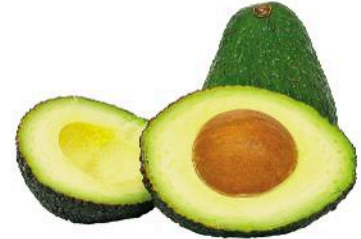
*weeknight
wow!*

Delight the whole family (and fast) with this 30-minute recipe for Simple Lentil Tacos! Find the full recipe and other speedy weeknight meal inspiration on www.strongertogether.coop.



4.99

Primal Kitchen
Avocado Oil
Spray
4.7 oz.



3/\$5

Near East
Couscous Mix or
Rice Pilaf
5.25-6.75 oz., selected
varieties



2/\$6

Pacific
Organic Soup
17-17.6 oz.



summertime staple

Grab a bag of Late July Cantina Dippers and a jar of zesty Late July Salsa for a spicy summer snack at your next picnic!

2/\$6

Late July Snacks
Organic Cantina Dippers
8 oz., selected varieties



scoop up the savings in bulk!



1.79

Bulk Organic
Yellow Popcorn
per pound in bulk



1.99

Bulk Organic
Split Red Lentils
per pound in bulk



5.99

Bulk Diced
Almonds for
Nut Butter
per pound in bulk

Suppertime savings every day at the co-op.



2/\$7
Simple Mills
Almond Flour Crackers
4.25 oz., selected varieties



2/\$4
Food Should
Taste Good
Tortilla Chips
5.5 oz., selected varieties



2/\$5
Equal Exchange
Organic
Chocolate Bar
2.8 oz., selected varieties



2/\$5
Garden Of Eatin'
Tortilla Chips
7.5-8.1 oz., selected
varieties



Sweet, spicy, salty better-for-you snacking.
What's your flavor?



snack through summer

Stock up on our unrivaled snacks. Simple ingredients, classic taste and satisfying flavor is what you get from our premium brands. Our kettle chips and pretzels deliver the crunch you need to fulfill every craving. What are you waiting for? Get to snacking!

2/\$4
Kettle Brand
Potato Chips
5 oz., selected varieties

2/\$5
Snack Factory
Pretzel Crisps
7.2 oz., selected varieties

2/\$6
Snyder's of Hanover
Gluten-Free Pretzel
Sticks
8 oz., selected varieties

Simply delicious snacks the family will love.



3.99
Vermont Village
Organic Apple Cider
Sipping Vinegar
8 oz., selected varieties



2/\$5
Guayaki
Organic Yerba
Mate
15.5 oz., selected
varieties



5.99
Reed's
Ginger Brew
4 pack, selected varieties



4.49
Izze
Sparkling Juice
Beverage
4 pack, selected varieties



2/\$4
So Delicious
Organic Coconut
Milk
32 oz., selected varieties
other So Delicious
varieties also on sale



Refreshing summertime sippers from the co-op.

Sip, shop and save!

Make **Santa Cruz Organic** and **R.W. Knudsen Family** an easy and tasty part of your back-to-school routine. These USDA Certified Organic, Non-GMO Project Verified offerings are wholesome, delicious and have simple ingredient labels—making them something both you and your kids can love!

2/\$3
Santa Cruz
Organic Lemonade
32 oz., selected varieties

4.49
Santa Cruz
Organic Peanut Butter
16 oz., selected varieties



2/\$6
Santa Cruz
Organic Apple Sauce
6.4 oz., selected varieties

3/\$7
R.W. Knudsen Family
Organic Juice Boxes
6.75 oz., selected varieties

back to school, better



Budget-friendly beverages and lunch box fillers.

a clean you can trust



For thirty years, **Seventh Generation** has led the way on plant-based cleaning with products that work for your family and nurture the planet we all share.

1.99

**Seventh Generation
Unbleached Paper
Towels**
120 sheet

3.49

**Seventh Generation
Liquid Dish Soap**
25 oz., selected varieties

8.99

**Seventh Generation
Unbleached Bath Tissue**
12 ct.

10.99

**Seventh Generation
Liquid Laundry Soap**
100 oz., selected varieties



Naturally-derived products for health and home.
Find them at the co-op.



6.99

**Andalou Naturals
Shampoo and
Conditioner**
11.5 oz., selected
varieties



9.99

**Seventh
Generation
Baby Diapers**
17-40 ct., selected
varieties



7.99

**Pranarom
Organic Lavender
Essential Oil**
5 ml



9.99

**Similasan
Ear or Eye Drops**
.33 oz., selected varieties

Better-for-you products for a better home.

Shop for fresh, delicious, local food at a co-op near you

ILLINOIS

Common Ground Food Co-op
Dill Pickle Food Co-op
Green Top Grocery
Neighborhood Co-op Grocery
Sugar Beet Food Co-op

INDIANA

3 Rivers Natural Grocery
Bloomingfoods Market and Deli
Maple City Market

IOWA

New Pioneer Co-op
Oneota Community Co-op
Wheatsfield Cooperative

KANSAS

The Merc Co+op

KENTUCKY

Good Foods Co-op

MICHIGAN

Grain Train Natural Foods Market
GreenTree Cooperative Grocery
Keweenaw Co-op Market & Deli
Marquette Food Co-op

Oryana Community Co-op

People's Food Co-op – Ann Arbor
PFC Natural Grocery & Deli
Ypsilanti Food Co-op

MINNESOTA

Bluff Country Co-op
City Center Market
Cook County Whole Foods Co-op
Eastside Food Cooperative
Hampden Park Co-op
Harmony Natural Foods Co-op
Harvest Moon Natural Foods
Just Food Co-op
Lakewinds Food Co-op
Linden Hills Co-op
Mississippi Market
Natural Harvest Food Co-op
People's Food Co-op – Rochester
River Market Community Co-op
Seward Community Co-op
St. Peter Food Co-op & Deli
Valley Natural Foods
Wedge Community Co-op
Whole Foods Co-op

NEBRASKA

Open Harvest Cooperative Grocery

OHIO

Phoenix Earth Food Co-op

SOUTH DAKOTA

The Co-op Natural Foods

WISCONSIN

Basics Cooperative Natural Foods
Chequamegon Food Co-op
Menomonie Market Food Co-op
Outpost Natural Foods Co-op
People's Food Co-op – La Crosse
Viroqua Food Co+op
Willy Street Co-op



*to find a food co-op
near you, visit us online
at: www.strongertogether.coop*



17.99

Smarty Pants
Kids Complete
Multi + Omega 3 +
Vitamin D
120 ct.



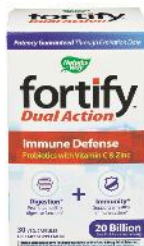
19.99

MegaFood
Women's or
Men's One Daily
Chew
30 ct.



17.99

Bach
Rescue Remedy
20 ml.



18.99

Nature's Way
Fortify Probiotics
30-60 ct., selected
varieties



34.99

Rainbow Light
Active Senior
Multivitamin
90 ct.

Co-ops support products and services that ensure personal and planetary health; a legacy we can be proud to leave generations to come.

Some items may not be available at all stores or on the same days

MW0819B

coop
stronger together