

coop deals®

AUG 20 - SEPT 2, 2025

summer sparkles

Active summers should be met with relaxing moments. Whether it's a backyard beverage on the patio, a day at the beach or hanging out at the park, top off your summer drinks with some extra bubbles. San Pellegrino's Sparkling Natural Mineral Water is a great bubbly option for some extra sparkle this summer.



1.79

San Pellegrino
Sparkling Mineral Water
25.3 fl. oz.



**BO
GO**

Buy One, Get One

FREE

Annie's
Mac & Cheese
5.25-6 oz., selected varieties



**BO
GO**

Buy One, Get One

FREE

Goodpop
Frozen Novelties
9.9-13.2 fl. oz., selected varieties



**BO
GO**

Buy One, Get One

FREE

Sir Kensington's
Mayonnaise
12 fl. oz., selected varieties



Buy One, Get One

FREE

special offers inside!

**BO
GO**



Buy One, Get One
FREE
Andalou Naturals
Shampoos or Conditioners
11.5 fl. oz., selected varieties



Buy One, Get One
FREE
The Humble Co.
Floss Picks
50 ct., selected varieties



Buy One, Get One
FREE
Mineral Fusion
Mascaras
.3 fl. oz., selected varieties

COOPERATIVELY OWNED



Buy One, Get One
FREE
Aura Cacia
Kids Aromatherapy Mists
2 fl. oz., selected varieties



Buy One, Get One
FREE
Preserve
Razor Shave 5 Systems
each, selected varieties



Buy One, Get One
FREE
Country Life
Vitamin D3 5000IU
200 ct.

Body care and wellness BOGOS are at the co-op.

Some items may not be available at all stores or on the same days



Buy One, Get One
FREE

Red's
Burritos
4.5-5 oz., selected varieties



Buy One, Get One
FREE

Crofter's
Organic Premium
Fruit Spreads
16.5 oz., selected varieties



Buy One, Get One
FREE

Kite Hill
Plant-based Yogurts
5.3 oz., selected varieties



Buy One, Get One
FREE

Ben & Jerry's
Ice Creams or Non-dairy
Desserts
15.2-16 fl. oz., selected varieties



Buy One, Get One
FREE

Bitchin' Sauce
Almond Dips
7-8 oz., selected varieties



Buy One, Get One
FREE

Desert Essence
Toothpastes
6.25 oz., selected varieties

The co-op has summer BOGOs.

Some items may not be available at all stores or on the same days

taste the obsession

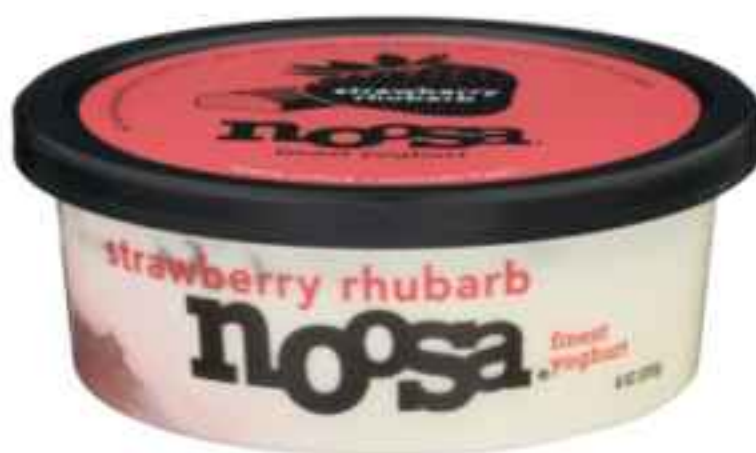
INCLUSIVE TRADE PARTNER
Purely Elizabeth is a woman-owned company. When you eat better, you feel better. Elizabeth started Purely Elizabeth to make food full of nourishing ingredients and delicious, culinary taste to help you thrive on your wellness journey.

Buy One, Get One
FREE

Purely Elizabeth
Granolas or Cereals
8-12 oz., selected varieties



inclusive trade
BO GO



4/\$9
Noosa
Yoghurts
8 oz., selected varieties



2/\$4
Yachak Organic
Yerba Mates
16 fl. oz., selected varieties

simple plant-based ingredients

New meatier taste: from grill to griddle to frying pan, a dinner sausage stuffed with delicious flavor and satisfying sizzle.

Buy One, Get One
FREE

Beyond Meat
Plant-based Sausages
14 oz., selected varieties



BO GO



4/\$5

Fage
Yogurts
5.3 oz., selected varieties

The co-op has **BOGOs** you'll love.

Some items may not be available at all stores or on the same days

care in every bite

For more than 35 years, **Applegate** has been producing high-quality natural and organic products made with non-GMO ingredients and sourced from farms that promote natural growth and where animals are raised with space to engage in natural behaviors. Taste the difference.



5.99

Applegate Bacon
8 oz., selected varieties



6.99

Applegate Organic Oven Roasted Turkey
6 oz., selected varieties



10.99

Applegate Chicken Nuggets, Tenders or Breakfast Sausages
16 oz., selected varieties



2/\$4

Mid-Day Squares Functional Chocolate Bars
1.16 oz., selected varieties



3.99

Goodbelly Probiotic Drink
32 fl. oz., selected varieties



6.49

Health-Ade Organic Kombucha
48 fl. oz., selected varieties

organic yogurts goodness

Stonyfield Organic uses 100% organic milk from pasture-raised cows, live and active cultures, and a variety of flavors to create an irresistible snack for kids on the go!

4.49

Stonyfield Organic Kids Yogurt Tubes
8 pk.-2 oz., selected varieties

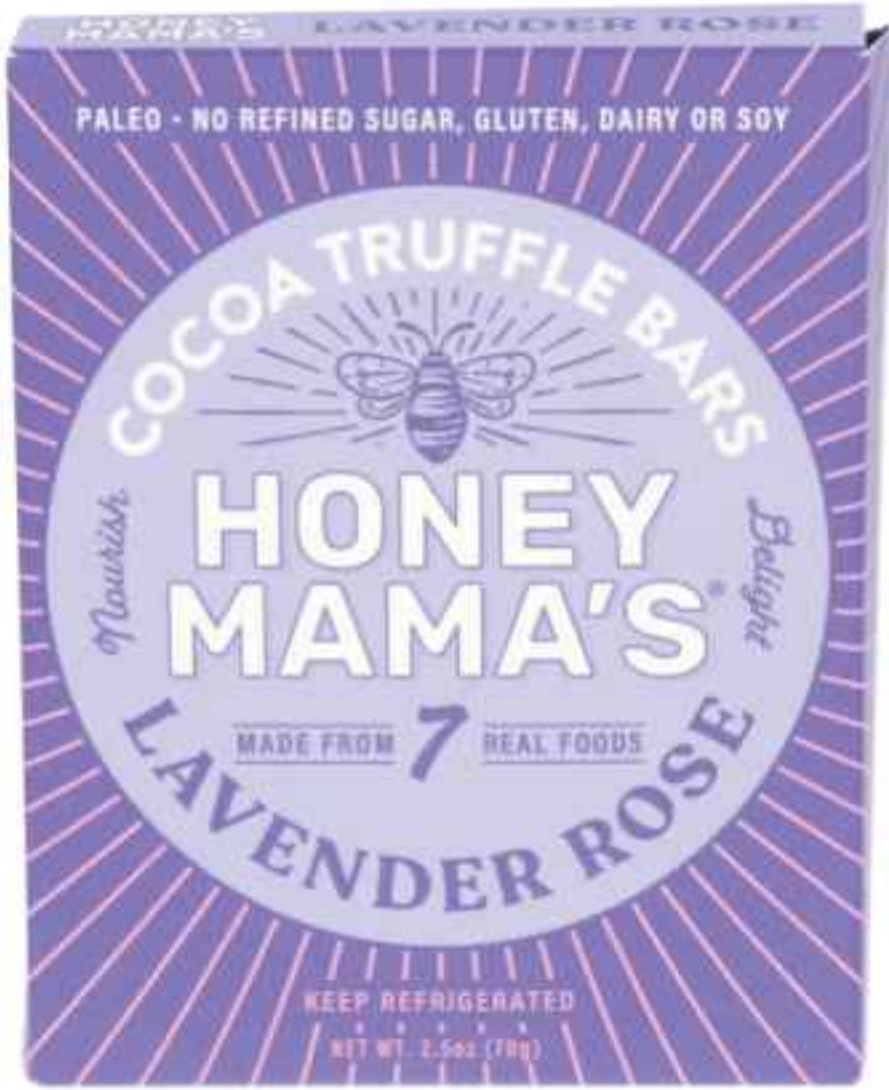


3.79

The Greek Gods Greek Yogurt
24 oz., selected varieties

Find the perfect start to your day at the co-op.

Some items may not be available at all stores or on the same days



3.99
Honey Mama's
Truffle Bar
2.5 oz., selected varieties



2/\$7
Planet Oat
Oatmilk
52 fl. oz., selected
varieties



3.99
Green Valley
Creamery
Organic
Lactose-free
Sour Cream
12 oz.



4.49
Nutpods
Dairy-free
Creamer
25.4 fl. oz., selected
varieties



4.79
Good Karma
Flax Milk
64 fl. oz., selected
varieties



5.49
Miyoko's Creamery
Organic Pourable
Plant Milk Mozzarella
16 oz.

COOPERATIVELY OWNED



5.99
Organic Valley
Stringles
8 oz.

COOPERATIVELY OWNED



7.99
Organic Valley
Butter
16 oz., selected varieties

summer of full flavor

OLIPOP Classic Root Beer melds just the right mix of classic bite and creamy sweetness with extracts of sweet birch, smooth vanilla bean and real burdock root — float-worthy flavor in every sip.

2/\$4
Olipop
Prebiotic Sodas
12 fl. oz., selected varieties



INCLUSIVE TRADE PARTNER

Three Trees is a woman-owned company with a passion for creating nutritious, plant-based beverages using the wonders of the forest to provide clean ingredients.

5.99
Three Trees
Organic Plant-based
Milk
28 fl. oz., selected varieties



Pour yourself a refreshing beverage from the co-op.



2/\$5

Stahlbush Island Farms

Frozen Vegetables

10 oz., selected varieties



3.99

Silver Hills

Sprouted Bread

15-22 oz., selected varieties

tradition turned up



2/\$10

Deep Indian Kitchen

Entrées or Samosas

7.5-12 oz., selected varieties

INCLUSIVE TRADE PARTNER

Deep Indian Kitchen is owned by a third-generation Indian American family. Turn up the flavor this summer with our chicken tikka masala and handmade samosas. Crafted from real family recipes — ready in minutes and gone just as fast.



4.49

Oatly

Non-dairy Frozen Dessert

1 pt., selected varieties

COOPERATIVELY OWNED



6.49

Tillamook

Ice Cream

1.5 quarts, selected varieties



6.99

Caulipower

Frozen Pizza

10.9-11.85 oz., selected varieties



100% natural ingredients

Real flavor from real ingredients. No artificial flavors, sweeteners or colors. Gelato and sorbetto made from scratch.

4.99

Talenti

Gelato or Sorbetto

1 pt., selected varieties



6.99

Feel Good Foods

Appetizers

8.2-10 oz., selected varieties



Find brands you love at the co-op.

Some items may not be available at all stores or on the same days

*crafted for
life's little
wins*

Always organic ingredients so you can be at your best in everything you do. Enjoy your favorite **RW Knudsen** and **Santa Cruz Organic** products! Something for everyone in the family!



2/\$5
R.W. Knudsen
Organic Recharge
32 fl. oz., selected varieties



3.99
Santa Cruz Organic
Lemon or Lime Juice
16 fl. oz., selected varieties



3.99
Santa Cruz Organic
Applesauce
23-24 oz., selected varieties



5.99
Santa Cruz Organic
Peanut Butter
16 oz., selected varieties

carpe diem with cold-brew

Cold-brewed for 10+ hours at room temperature, Chameleon Organic Medium Roast Cold-Brew concentrate is smooth, bold and ready-made to fuel life's experiences — just pour, mix and serve.

6.99
Chameleon Cold Brew
Organic Coffee Concentrate
32 fl. oz., selected varieties



5.99
Kettle & Fire
Bone Broth
16.9 oz., selected varieties



9.49
Once Again
Almond Butter
16 oz., selected varieties

scoop up the savings in bulk!



1.79
Organic Yellow
Popcorn
per pound in bulk



2.29
Organic
Black Beans
per pound in bulk



6.49
Organic
Cranberries
per pound in bulk

The co-op has a great selection of bulk items.

Some items may not be available at all stores or on the same days



3.29
Woodstock
Organic Ketchup
19.5-20 oz.

the ultimate cooking oil

Elevate every meal with pure, quality-tested avocado oil! The neutral flavor, buttery texture and high-heat tolerance make it perfect for broiling, baking, pan-searing and more.

8.99

Primal Kitchen
Pure Avocado Oil
16.9 fl. oz.



2/\$7
Tasty Bite
Organic Entrees
8.8-10 oz., selected
varieties



7.99
Lucini Italia
Organic Pasta Sauce
24 oz., selected varieties

real Italian, gluten-free

Experience authentic, gluten-free pasta crafted with traditional techniques and organic ingredients. Enjoy the perfect balance of flavor and texture in every bite, bringing Italy's finest to your table.

3.69

Jovial
Organic Brown Rice Pasta
12 oz., selected varieties



5.49
Woodstock
Organic Pickles
24 fl. oz., selected varieties

Grab back-to-school comfort food from the co-op.

Some items may not be available at all stores or on the same days



2/\$9

Barbara's
Cereals
10-14 oz., selected varieties



2/\$3

Solely
Organic Fruit
Jerky
.8 oz., selected varieties



2/\$7

West Life
Soymilks
32 fl. oz., selected
varieties



3.79

MadeGood
Organic Granola
Bars
4.25-5.1 oz., selected
varieties



2/\$7

Dream
Ricemilks
32 fl. oz., selected
varieties



4.99

Birch Benders
Pancake & Waffle
Mix
14-16 fl. oz., selected
varieties



5.79

Clif
Organic Zbar
6 pk.-1.27 oz., selected
varieties



8.99

Nature's Path
Organic
Cereal
26.4-32 oz., selected
varieties

20 g of plant-based protein



Peanut butter with an indulgent chocolate coating you'll want to eat. Our Peanut Butter Chocolate Bar is reformulated to have 20% less sugar and a smooth, never gritty mouthfeel.

2/\$5

Probar
Meal Bars
3 oz., selected varieties

INCLUSIVE TRADE PARTNER

Catalina Crunch is a diverse-owned brand. Our products satisfy your sweet tooth but aren't loaded with sugar and empty carbs.



6.99

Catalina Crunch
Keto Cereal
8-9 oz., selected varieties

Stock up for the busy school year at the co-op.

Some items may not be available at all stores or on the same days



3.29

Boulder Canyon
Potato Chips
5.25-6.5 oz., selected varieties

tastes like
good times!

Back to Nature is remaking your favorite snacks super tasty with honest-to-goodness ingredients. Simple joys, no regrets, happy days.

2/\$7

Back to Nature
Crackers
3.2-7 oz., selected varieties



2/\$6

Barbara's
Cheese Puffs
7 oz., selected varieties



3.99

R.W. Knudsen
Organic Juice
32 fl. oz., selected varieties



Seaweed? So good!

Gimme is the snack the Earth needs! Seaweed requires no fresh water or land to grow, is responsibly farmed using no chemicals, and captures CO2 and de-acidifies oceans.

2/\$4

Gimme
Organic
Seaweed Snacks
.32-.35 oz., selected varieties



4.49

Kettle Brand
Potato Chips
13 oz., selected varieties

The co-op has delicious lunch options.

Some items may not be available at all stores or on the same days



2/\$7

Alter Eco
Organic Chocolate Bars
2.65-2.96 oz., selected varieties

indulgent and simple

Hu unites simple ingredients with unbeatable taste. Dive into delicious, organic chocolate made with no weird ingredients. Ever. Your taste buds will thank you.

3.99

Hu
Organic Chocolate Bar
2.1 oz., selected varieties



4.29
Newman's Own
Fig Newmans
10 oz., selected varieties



4.49
Fever Tree
Cocktail Mixers
4 pk.-6.8 fl. oz., selected varieties



2/\$10
Waterloo
Sparkling Waters
12 pk.-12 fl. oz. cans, selected varieties

rice-obsessed since 1937

We exist to grow the highest-quality rice using organic and regenerative farming practices because the health of our bodies and our planet depends on it.

3.99

Lundberg Family Farms
Organic Rice Cakes
5-10.5 oz., selected varieties



5.99
Garden of Eatin'
Organic Tortilla Chips
14 oz., selected varieties

Find new snacks for the family at the co-op.

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3.99

Vita Coco
Coconut
Water
33.8 fl. oz., selected
varieties



crafted to go further

In Vermont, halfway won't cut it. That's why we handcraft our meat sticks in small batches, then slow smoke them for real flavor that goes the distance.

3 / \$5

Vermont Smoke & Cure
Meat Sticks
1 oz., selected varieties



2.79
Pirate Brands
Pirate's Booty
4 oz.



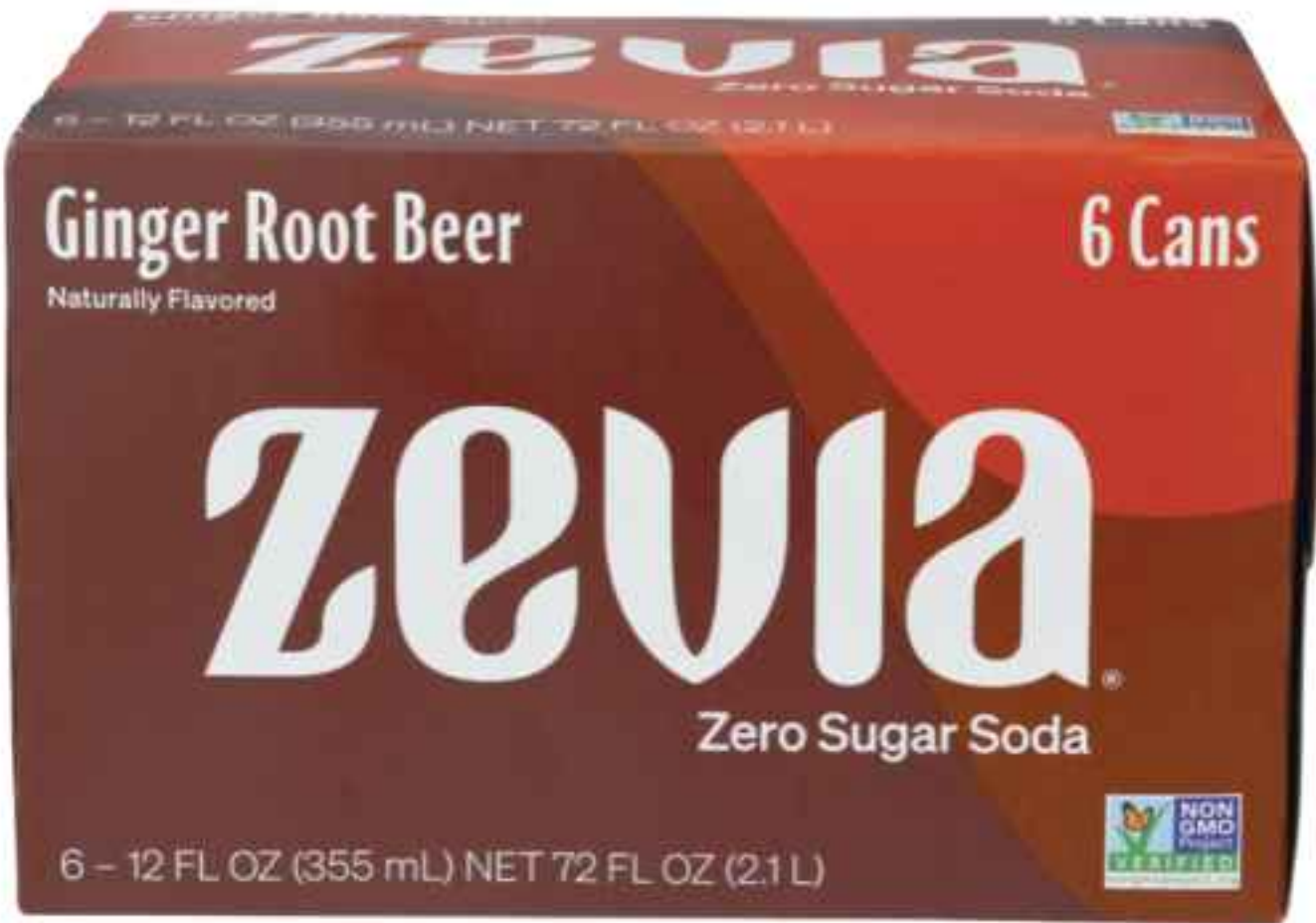
4.29
Back to Nature
Cookies
7.5-9 oz., selected varieties

the perfect snack

The ultimate snack — sweet or savory — is perfectly pop-able and packed with nutrition, made from simple ingredients for a light, crunchy bite that fuels every adventure without weighing you down.

2 / \$8

Simple Mills
Cookies or Crackers
4-5.5 oz., selected varieties



5.49

Zevia
Zero Sugar Soda
6 pk.-12 fl. oz. cans, selected varieties

Picnic-ready options are at the co-op.

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clean home,
clean
conscience



Discover **Seventh Generation's** plant-based and effective solutions for you, your home and your family. A clean you can feel good about.

3.99

Seventh Generation
100% Recycled Bath
Tissue
4 ct.

3.69

Seventh Generation
Dish Soap
19 fl. oz., selected varieties

6.39

Seventh
Generation
Fabric Softener
Sheets
80 ct., selected varieties

13.99

Seventh
Generation
Laundry Liquid
23.1-90 fl. oz., selected
varieties



Time to organize and clean?
Fresh solutions for cleaning.

INCLUSIVE TRADE PARTNER



Moon Valley Organics is a woman-owned company. We make body care products with a passion to live ethically and sustainably.

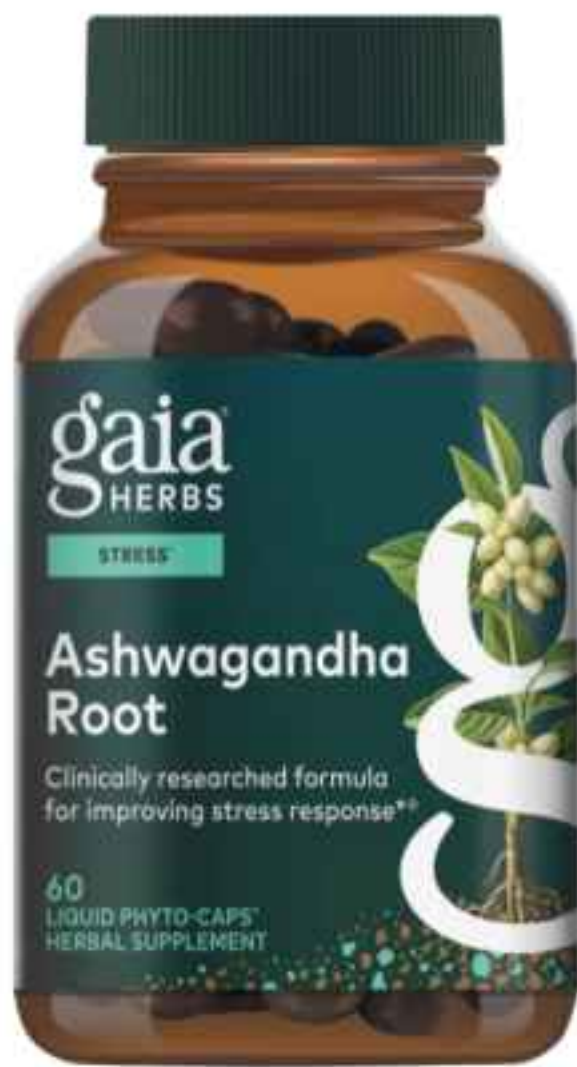
4.99

Moon Valley
Organics
Foaming Hand
Soap
8.8 fl. oz., selected
varieties



9.99

Jason
Body Wash
30 fl. oz., selected varieties



16.99

Gaia Herbs
Ashwagandha Root
60 ct.

The co-op has eco-friendly options.

Some items may not be available at all stores or on the same days

Never miss your favorite deals

Already an app user? Be sure to update to the latest version on the Apple App or Google Play store.



19.99

Barlean's
Organic Flax Oil
16 fl. oz.



Inclusive trade

8.99

Alaffia
Kids Bubble Bath
32 fl. oz., selected varieties



Inclusive trade

8.99

Alaffia
Everyday Shea
Body Wash
32 fl. oz., selected varieties



Inclusive trade

8.99

Alaffia
Everyday Shea
Shampoo or
Conditioner
32 fl. oz., selected varieties



Inclusive trade

8.99

Alaffia
Everyday Shea
Body Lotion
32 fl. oz., selected varieties

made with
love and
respect

INCLUSIVE TRADE PARTNER

Alaffia is a Black-owned company with a mission to create a more sustainable and equitable future. Our women-led cooperatives in West Africa produce heritage, nutrient-rich African ingredients rooted in tradition.

Download the Co+op Deals app today!

Some items may not be available at all stores or on the same days

Shop for fresh, delicious, local food at a co-op near you.

ILLINOIS

- Common Ground Food Co-op
- Dill Pickle Food Co-op
- Food Shed Co-op
- Green Top Grocery
- Neighborhood Co-op Grocery
- Sugar Beet Food Co-op
- Wild Onion Market

INDIANA

- 3 Rivers Natural Grocery
- Bloomingfoods Market and Deli
- Maple City Market
- Purple Porch Food Co-op

IOWA

- New Pioneer Co-op
- Oneota Community Co-op
- Wheatsfield Cooperative

KANSAS

- The Merc Co+op

KENTUCKY

- Good Foods Co-op

MICHIGAN

- Detroit People's Food Co-op
- Grain Train Natural Foods Market
- GreenTree Co-op Market

- Keweenaw Co-op Market & Deli
- Marquette Food Co-op
- Oryana Community Co-op
- People's Food Co-op – Ann Arbor
- PFC Natural Grocery & Deli
- Ypsilanti Food Co-op

MINNESOTA

- Bluff Country Co-op
- City Center Market
- Cook County Co-op
- Eastside Food Cooperative
- Good Earth Food Co-op
- Hampden Park Co-op
- Harmony Natural Foods Co-op
- Just Food Co-op
- Lakewinds Food Co-op
- Mississippi Market
- Natural Harvest Food Co-op
- People's Food Co-op – Rochester
- River Market Community Co-op
- Seward Community Co-op
- Spiral Food Co-op
- St. Peter Food Co-op & Deli
- Valley Natural Foods
- Wedge Community Co-ops
- Whole Foods Co-op

NEBRASKA

- Open Harvest Cooperative Grocery

OHIO

- Phoenix Earth Food Co-op

SOUTH DAKOTA

- Natural Abundance Food Co-op
- Sioux Falls Food Co+op

WISCONSIN

- Basics Cooperative Natural Foods
- Chequamegon Food Co-op
- Hudson Grocery Cooperative
- Menomonie Market Food Co-op
- Oshkosh Food Co-op
- Outpost Natural Foods Co-op
- People's Food Co-op – La Crosse
- Viroqua Food Co+op
- Whole Earth Market Co-op
- Willy Street Co-op

See what's on sale with the Co+op Deals app!

coop deals

Download the App!



Already an app user? Be sure to update to the latest version on the Apple App or Google Play store.

great taste

RXBAR — get the protein you need from simple ingredients. Perfect for giving you the power you need on the go, or post/pre-workout fuel.

2/\$4

Rxbar

Protein Bars

1.83-1.9 oz., selected varieties



3.79

Rebbl

Organic Functional Beverage

12 fl. oz., selected varieties



Scan the QR code to learn more about the quality and values represented by these symbols.



Some items may not be available at all stores or on the same days.



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