

# coop deals<sup>®</sup>

JUL 2 - JUL 15, 2025

remarkably smooth

## FULL OF FLAVOR

Summer and frozen desserts go hand in hand, so be sure to find time to unwind and relax with Talenti Gelato. Scoop up your favorite flavor and enjoy a sweet treat. Grab a pint or two while they're on sale at the co-op!



**4.99**

Talenti  
Gelato or Sorbetto  
1 pt., selected varieties



**4/\$6**

Larabar  
Fruit & Nut Bars  
1.06-1.7 oz., selected varieties



**2/\$4**

De La Calle!  
Organic Mexican  
Sodas  
12 fl. oz., selected  
varieties



**4.49**

Quinn  
Filled Pretzel  
Nuggets  
5-7 oz., selected varieties



Shop the co-op for maximum summertime enjoyment.  
**Relax with your favorite treats.**



plant-based  
entertaining  
essentials



Lightlife and Field Roast are the perfect summer companions. Try some of our plant-based favorites at your next get-together for a flavorful addition to any dish.

3.39  
Lightlife  
Organic Tempeh  
8 oz., selected varieties

4.99  
Field Roast  
Chao Plant-based  
Cheese  
7-8 oz., selected varieties

5.49  
Field Roast  
Plant-based  
Sausages  
12.95 oz., selected varieties

5.99  
Field Roast  
Plant-based Appetizers  
and Entrees  
10-11 oz., selected varieties



3.99  
Daiya  
Dairy-free Shreds  
7.1 oz., selected  
varieties



4.49  
Silk  
Plant-based Milk  
64 fl. oz., selected  
varieties



4.49  
Upton's Naturals  
Seitan  
5-8 oz., selected  
varieties

COOPERATIVELY OWNED



5.39  
Organic Valley  
Cheese Slices  
6 oz., selected varieties



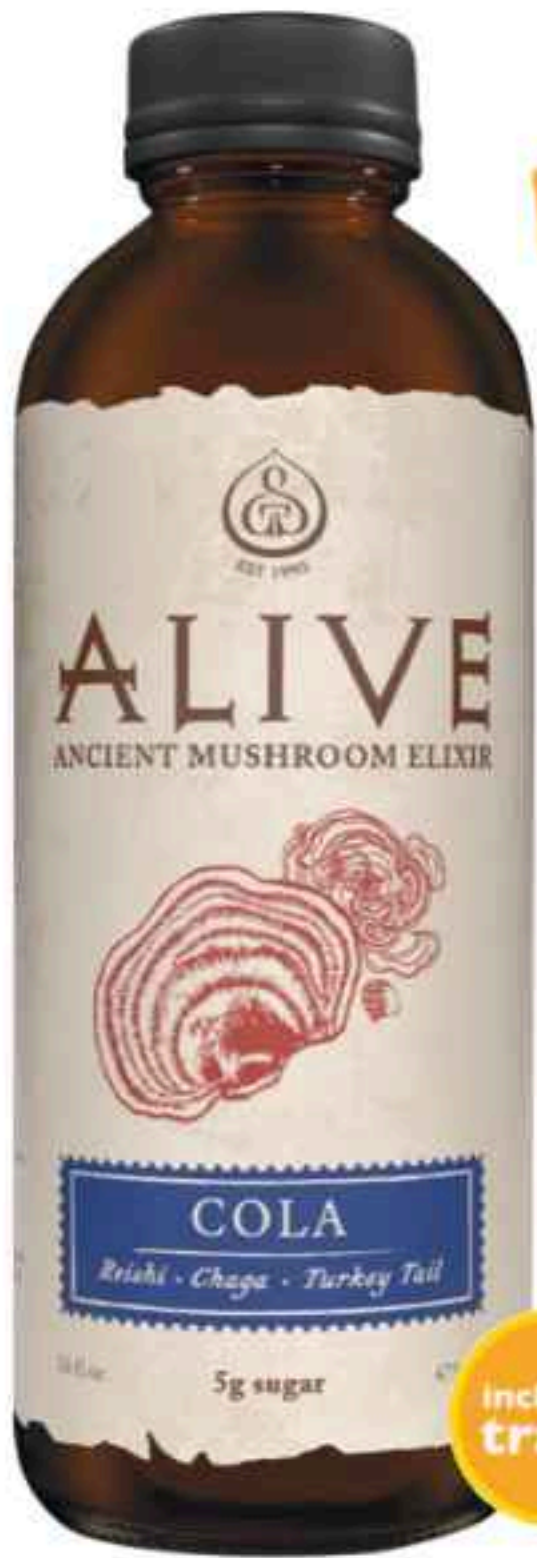
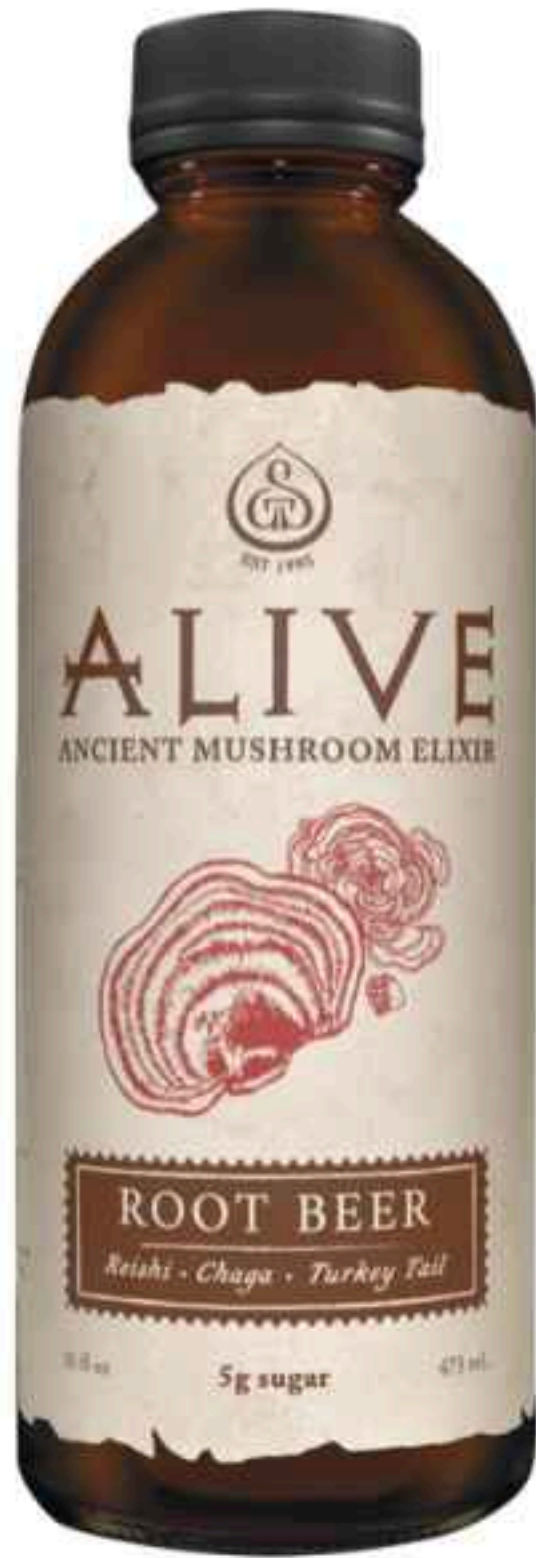
5.99  
Wellshire  
Sugar-Free  
Uncured Turkey  
Bacon  
8 oz., selected varieties

delicious, sparkling and adaptogenic

INCLUSIVE TRADE PARTNER

GT's Living Foods is LGBTQIA+-owned and a leader in fermented foods. ALIVE is crafted with the uplifting trio of chaga, reishi and turkey tail mushrooms so you can feel clear minded, focused and balanced.

2.79  
GT's  
Alive Ancient  
Mushroom Elixir  
16 fl. oz., selected varieties



inclusive  
trade

Beat the heat with deals from the co-op.

Some items may not be available at all stores or on the same days



*always in  
good taste*

Experience the joys of fermentation and pickling! As the top-selling pickle, sauerkraut and kimchi brands among natural shoppers, **Bubbies** and **Wildbrine** have delivered great taste and functionality for generations through a commitment to high-quality, minimally processed, plant-based foods.



6.99

Wildbrine  
Organic Sauerkraut  
18 oz., selected varieties



7.99

Bubbies  
Pickles or Pickle Chips  
33 fl. oz., selected varieties



2.29

Brew Dr.  
Organic  
Kombucha  
14 fl. oz., selected  
varieties



2/\$7

Baba's  
Hummus  
10 oz., selected varieties



4.99

Forager Project  
Organic  
Cashewmilk  
Yogurt  
24 oz., selected varieties



5.49

Applegate  
Sliced Deli Meat  
7 oz., selected varieties



8.49

Thousand Hills  
100% Grass-fed  
Ground Beef 80%  
Lean 20% Fat  
16 oz.

*fresh flavor, bold taste*

When hummus went dull, we went dill. From cold-pressed lemon juice to glyphosate residue-free chickpeas, Ithaca's a household staple for a reason.

3.99

Ithaca  
Hummus  
10 oz., selected varieties



Shop the co-op for picnic essentials.

Some items may not be available at all stores or on the same days





**3.49**

Wildwood  
Organic Super Firm  
Sprouted Tofu  
16 oz., selected varieties



*scoop-worthy*

Real ingredients. Real good. Alden's Organic ice cream is certified organic, non-GMO and packed with flavor you can feel good about sharing.

**8.99**

Alden's Organic  
Ice Cream  
1.5 qts., selected varieties



**2/\$8**

Cascadian Farm  
Organic Frozen  
Fruits  
8-10 oz., selected  
varieties



**2/\$8**

Cascadian Farm  
Organic Frozen  
Potatoes  
12-16 oz., selected  
varieties



**4.49**

Oatly  
Non-dairy Frozen  
Dessert  
1 pt., selected varieties

*greens made easy*

Meeting your nutrition goals can be made easier with Woodstock's ready-to-heat frozen vegetables. Our farm-to-frozen vegetables are organic, non-GMO and free from artificial colors, flavors and preservatives.

**2/\$5**

Woodstock  
Organic Frozen Vegetables  
10 oz., selected varieties



**4.49**

Dr. Praeger's  
Veggie Burgers  
10 oz., selected varieties



**4.99**

So Delicious  
Dairy-free Frozen  
Novelties  
9.2-18.4 fl. oz., selected  
varieties





sustainability  
commitments,  
sourcing excellence

3.79

Nature's Path  
Organic  
Toaster Pastries or  
Instant Oatmeal  
11-14 oz., selected  
varieties

3.99

Nature's Path  
Organic  
Cereal  
9.5-14 oz., selected varieties

4.79

Nature's Path  
Organic  
Love Crunch  
Granola  
10.6-11.5 oz., selected  
varieties

5.49

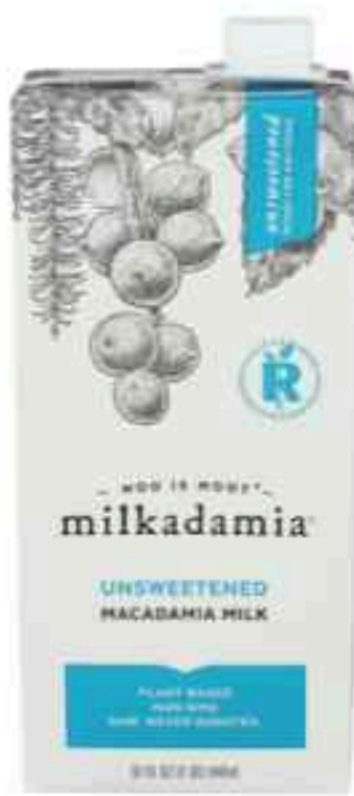
Nature's Path  
Organic  
Granola  
11 oz., selected  
varieties

We have a vision of leaving the Earth better than we found it. Our Sustainable Supply Chain Code of Conduct policy guides our actions to achieve that vision when selecting organic ingredients and our packaging suppliers. Join **Nature's Path Organic** in action with every bite!



2.99

Pacific Foods  
Organic Almond  
Beverage  
32 fl. oz., selected  
varieties



4.39

Milkadamia  
Macadamia Milk  
32 fl. oz., selected  
varieties

COOPERATIVELY OWNED



11.99

Equal Exchange  
Organic French  
Roast Coffee  
per pound in bulk

thrill your gut

With probiotically powered,  
refreshingly bubbly Health-Ade  
Kombucha made with real fruit juice.

2/\$5

Health-Ade  
Organic Kombuchas  
16 fl. oz., selected varieties



3/\$5

Kind  
Bars  
1.4 oz., selected varieties

Find brands you trust at the co-op.

Some items may not be available at all stores or on the same days





6.49

Sir Kensington's  
Mayonnaise  
12 fl. oz., selected varieties



6.99

Sweetleaf  
Stevia Sweetener  
2 fl. oz., selected varieties



8.99

Primal Kitchen  
Pure Avocado Oil  
16.9 fl. oz.



Make packing for picnics and playdates easier.  
**The co-op has flavors you love.**

INCLUSIVE TRADE PARTNER



Bachan's is an Asian-owned company. We have perfected a multi-generational family recipe for sauces inspired by traditional Japanese flavors.

6.99

Bachan's  
Japanese  
Barbecue Sauce  
15.5-17 fl. oz., selected  
varieties



2.99

San-J  
Gluten-free  
Tamari Soy Sauce  
10 fl. oz.

COOPERATIVELY OWNED



6.49

Simply Organic  
Garlic Powder  
3.64 oz., selected  
varieties

















14.99

Dr. Bronner's  
Organic Whole Kernel  
Virgin Coconut Oil  
30 fl. oz.

**Find ingredients for a fun day at the co-op.**

Some items may not be available at all stores or on the same days



 <div><b>5/\$6</b> KOYO Ramens 2-2.1 oz., selected varieties</div>	 <div><b>1.39</b> Take Root Organics Tomato Paste 6 oz.</div>	 <div><b>2.29</b> Siete Taco Seasoning 1.31 oz., selected varieties</div>
 <div><b>2/\$6</b> Wild Planet Skipjack Tuna 5 oz., selected varieties</div>	 <div><b>2/\$7</b> Annie's Organic Ketchup 24 oz.</div>	 <div><b>3.69</b> Woodstock Organic Olives 8.4-8.5 oz., selected varieties</div>
<div><div><div>Never miss your favorite deals</div></div><div><div>Scan the QR codes to download the Co+op Deals app!</div><div></div></div></div> <td><div><b>3.99</b> Garden of Eatin' Taco Shells 5.5 oz., selected varieties</div></td>		 <div><b>3.99</b> Garden of Eatin' Taco Shells 5.5 oz., selected varieties</div>
 <div><b>5.49</b> Food for Life Organic Ezekiel 4:9 Bread 24 oz., selected varieties</div>		

scoop up the savings in bulk!

 <div><b>2.49</b> Organic Garbanzo Beans per pound in bulk</div>	 <div><b>9.99</b> Organic Dried Mango per pound in bulk</div>	 <div><b>9.99</b> Tamari Roasted Almonds per pound in bulk</div>
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Download the Co+op Deals app today.

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2.69

The Good Crisp  
Potato Crisps  
5.6 oz., selected varieties



3.39

Hippeas  
Chickpea Puffs  
3.75-4 oz., selected  
varieties



3.29

Mary's Gone Crackers  
Organic Real Thin Crackers  
5 oz., selected varieties



3.29

Food Should Taste  
Good  
Tortilla Chips  
5.5 oz., selected varieties



3.99

Frontera  
Salsa  
16 oz., selected varieties



5.69

Virgil's  
Sodas  
4 pk.-12 fl. oz. bottles,  
selected varieties

savor summer with Siete

Wherever summer takes you,  
Siete Foods has got your snack.  
Enjoy with friends and familia  
because Juntos es Mejor, or  
“together is better!”

2/\$8

Siete  
Tortilla Chips  
5-7.5 oz., selected varieties



3.69

Terra  
Vegetable Chips  
5 oz., selected varieties

The co-op has snacks for relaxing summer nights.

Some items may not be available at all stores or on the same days





**2/\$3**  
Culture Pop  
Probiotic Sodas  
12 fl. oz. can, selected  
varieties



**2.29**  
The Mountain Valley  
Spring or Sparkling  
Water  
33.8 fl. oz., selected  
varieties



**2/\$3**  
Steaz  
Organic Green  
Teas  
16 fl. oz., selected  
varieties



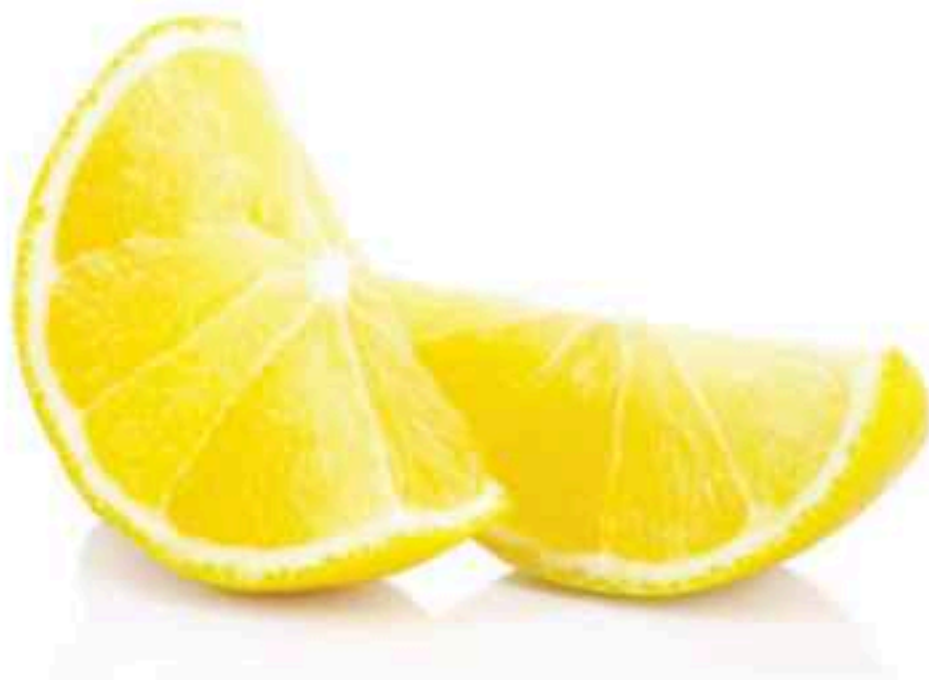
**3.99**  
Theo  
Organic  
Chocolate Bar  
3 oz., selected varieties



**3.99**  
C2O  
Coconut Water  
33.8 fl. oz., selected  
varieties



**3.99**  
Q Mixers  
Drink Mixers  
4 pk.-7.5 fl. oz. cans,  
selected varieties



**2/\$10**  
Waterloo  
Sparkling Waters  
12 pk.-12 fl. oz. cans,  
selected varieties

*everyday electrolytes, no junk*



Ultima has 6 daily electrolytes and no sugar, calories or carbs. Vegan, non-GMO, organically sweetened and made with plant-based color and flavors. Yum!

**1 3.99**  
Ultima Replenisher  
Electrolyte Drink Mix  
3.2-3.8 oz., selected varieties



**4.49**  
Kettle Brand  
Potato Chips  
13 oz., selected varieties

**The co-op has great deals on tasty snacks.**

Some items may not be available at all stores or on the same days





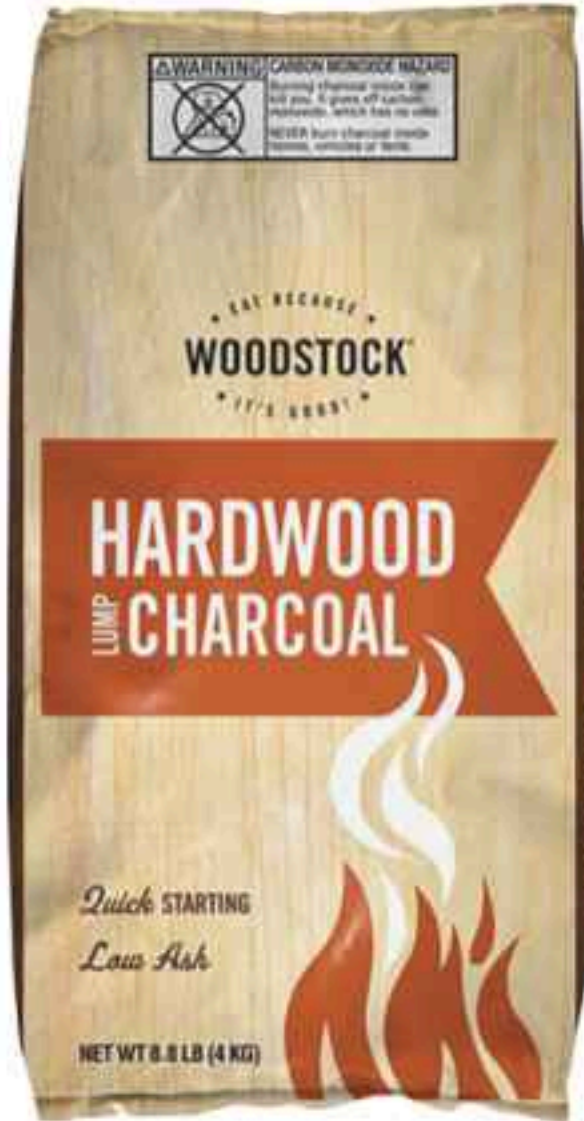
10.49

Jarow Formulas  
Methyl B-12 1000mcg  
100 ct.



54.99

Nordic Naturals  
Ultimate Omega  
180 ct.



10.99

Woodstock  
Lump Hardwood Charcoal  
8.8 lbs.



39.99

Ancient Nutrition  
Multi Collagen  
Protein Powder  
14.6-18.7 oz., selected  
varieties

extra strength, whole body

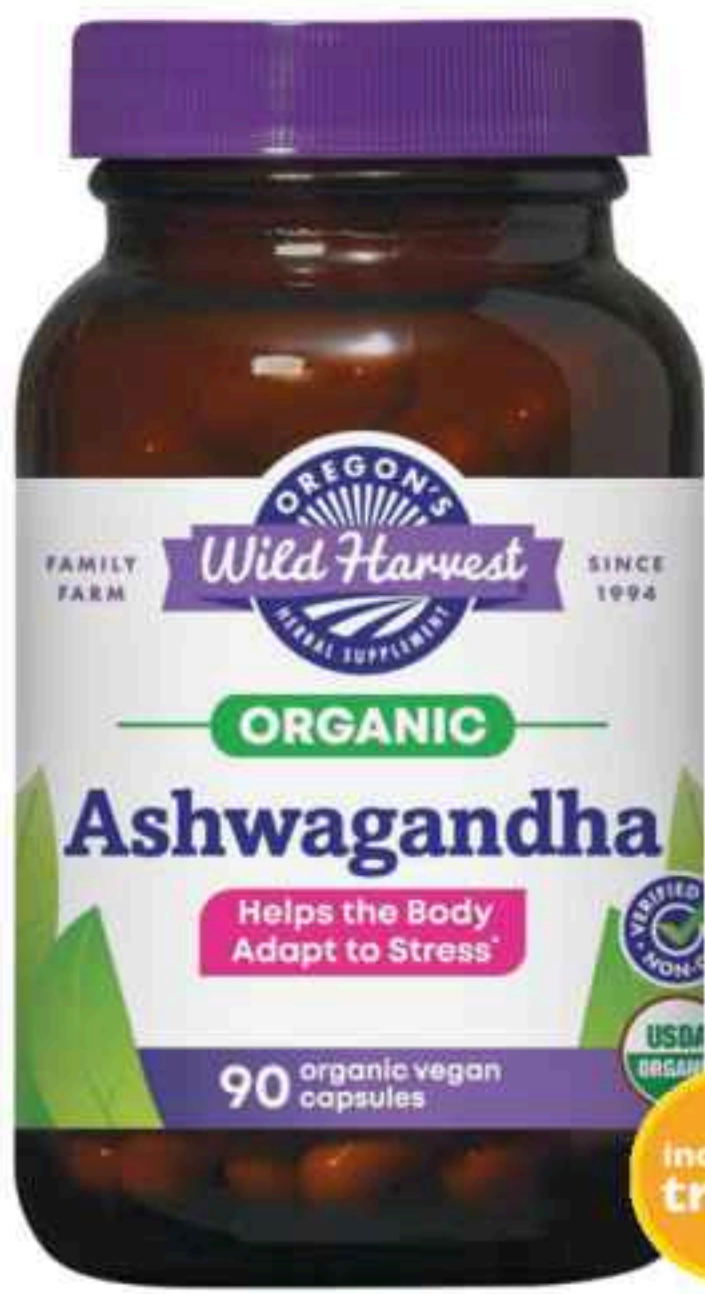
MegaFood's Whole Body Turmeric Curcumin is an extra-strength formulation providing 475 mg of active curcuminoids per serving. Paired with real food ingredients including vitamin C, a berry fruit blend and holy basil leaf extract for added support.

18.99

Megafood  
Turmeric Curcumin  
60 ct.



INCLUSIVE TRADE PARTNER



Oregon's Wild Harvest is a woman-owned company. Our family-owned, certified-organic, biodynamic farm makes organic herbal supplements.

17.99

Oregon's Wild Harvest  
Organic Ashwagandha  
90 ct.





5.99

Acure  
Shampoo or Conditioner  
8 fl. oz., selected varieties


mineral sun  
protection

Broad-spectrum, water-resistant, cruelty-free sun protection with no white cast, vitamin E, squalene or niacinamide. Formulated without octinoxate, oxybenzone, fragrance, parabens, sulfates or petrolatum. Skin Cancer Foundation recommended.

9.99

Alba Botanica  
Sheer Mineral Sunscreen Lotion  
3 fl. oz., selected varieties





Body care for optimal summertime wellness.

Skin and hair care all summer.



7.99

Avalon Organics  
Shampoo or Conditioner  
11 fl. oz., selected varieties



6.49

Davids  
Toothpaste  
4-5.25 oz., selected varieties



INCLUSIVE TRADE PARTNER



11.99

Badger  
Mineral Sunscreen Cream  
2.9 fl. oz., selected varieties

Badger is a woman-owned company. We are also family-owned and operated and create organic body care products with nourishing nutrients.

The co-op has safe body care products.



Shop for fresh, delicious, local food at a co-op near you.

ILLINOIS

- Common Ground Food Co-op
- Dill Pickle Food Co-op
- Food Shed Co-op
- Green Top Grocery
- Neighborhood Co-op Grocery
- Sugar Beet Food Co-op
- Wild Onion Market

INDIANA

- 3 Rivers Natural Grocery
- Bloomingfoods Market and Deli
- Maple City Market
- Purple Porch Food Co-op

IOWA

- New Pioneer Co-op
- Oneota Community Co-op
- Wheatsfield Cooperative

KANSAS

- The Merc Co+op

KENTUCKY

- Good Foods Co-op

MICHIGAN

- Detroit People's Food Co-op
- Grain Train Natural Foods Market
- GreenTree Co-op Market

- Keweenaw Co-op Market & Deli
- Marquette Food Co-op
- Oryana Community Co-op
- People's Food Co-op – Ann Arbor
- PFC Natural Grocery & Deli
- Ypsilanti Food Co-op

MINNESOTA

- Bluff Country Co-op
- City Center Market
- Cook County Co-op
- Eastside Food Cooperative
- Good Earth Food Co-op
- Hampden Park Co-op
- Harmony Natural Foods Co-op
- Just Food Co-op
- Lakewinds Food Co-op
- Mississippi Market
- Natural Harvest Food Co-op
- People's Food Co-op – Rochester
- River Market Community Co-op
- Seward Community Co-op
- Spiral Food Co-op
- St. Peter Food Co-op & Deli
- Valley Natural Foods
- Wedge Community Co-ops
- Whole Foods Co-op

NEBRASKA

- Open Harvest Cooperative Grocery

OHIO

- Phoenix Earth Food Co-op

SOUTH DAKOTA

- Natural Abundance Food Co-op
- Sioux Falls Food Co+op

WISCONSIN

- Basics Cooperative Natural Foods
- Chequamegon Food Co-op
- Hudson Grocery Cooperative
- Menomonie Market Food Co-op
- Oshkosh Food Co-op
- Outpost Natural Foods Co-op
- People's Food Co-op – La Crosse
- Viroqua Food Co+op
- Whole Earth Market Co-op
- Willy Street Co-op

See what's on sale with the Co+op Deals app!

coop deals

Download the App!



Already an app user? Be sure to update to the latest version on the Apple App or Google Play store.

discover what's good

When snack time hits, reach for the well-loved, nostalgic flavors of childhood that are packed with the wholesome ingredients you'd expect as a parent.

4.49

Goodpop  
Frozen Novelties  
9.9-13.2 fl. oz., selected varieties



5/\$5

Brown Cow  
Cream Top Yogurts  
5.3 oz., selected varieties



Scan the QR code to learn more about the quality and values represented by these symbols.



Some items may not be available at all stores or on the same days.



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