

coop deals

MAY 31 - JUN 20, 2023

cookout fixings

EXTRA YUMMY

With all the summer gatherings and outdoor meals coming up, head to the co-op for great deals on your favorite items — like Applegate hot dogs. Find your family's favorite toppings to make your hot dogs extra delicious.



4.99

Applegate
Hotdogs
10 oz., selected varieties



2/\$6

Organicville
Organic Dressing
or Vinaigrette
8 fl. oz., selected
varieties



4.79

Lifeway
Organic Kefir
32 fl. oz., selected
varieties



2/\$10

So Delicious
Dairy-free Frozen
Novelties
1 pt., selected varieties



Buy One, Get One

FREE

special offers inside!





Buy One, Get One
FREE
Deals at the Co-op!

Save on products you love from brands you trust! Look for the BOGO (buy one, get one FREE) deals signs throughout the store.

Bizzy Organic Cold Brew Coffee

At Bizzy, we're obsessive about our coffee. We brew slowly for 18 hours and cold filter it to create the strongest, most flavorful cold brew possible.

**Buy One, Get One
FREE**

Bizzy
Organic Cold Brew Coffee
48 fl. oz., selected varieties

BOGO **USDA ORGANIC**



Buy One, Get One
FREE

Annie's
Organic Ketchup
24 oz.



Buy One, Get One
FREE

Just Ice Tea
Tea
16 fl. oz., selected varieties



Buy One, Get One
FREE

Beyond Meat
Beyond Burger Patties
8 oz.

Summer is better with BOGO deals at the co-op!

creamy organic bliss

Cosmic Bliss is the creamiest ice cream in the universe, from the best ingredients on Earth!



**Buy One, Get One
FREE**

**Cosmic Bliss
Organic Frozen Dessert**
14 fl. oz., selected varieties



Buy One, Get One

FREE

**C2O
Coconut Water**
17.5 fl. oz., selected varieties



**Buy One, Get One
FREE**

**Riojana
Organic Fair Trade Extra
Virgin Olive Oil**
25.5 fl. oz., selected varieties



up your snack game

Real Food From The Ground Up Cauliflower Cheddar Crackers — up your snack game with cheesy goodness! Certified vegan, gluten free, non-GMO. How's that for a crave-worthy snack with a plant-based twist?

**Buy One, Get One
FREE**

**From The Ground Up
Cauliflower Snacks**
3.5-4.5 oz., selected varieties

Shop the co-op for buy one, get one free!



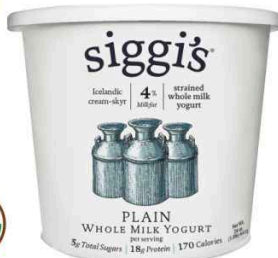
3.79

Brown Cow
Cream Top Yogurt
32 oz., selected varieties



3.99

Stonyfield Organic
Yogurt
32 oz., selected varieties



4.99

Siggi's
Skyr Yogurt
24 oz., selected varieties



*discover delicious
yogurt*

Whether you desire Greek, Icelandic skyr, cream top or simply organic, our delicious yogurts are never made with artificial flavors, sweeteners or preservatives.



Find berries, nuts and granola at the co-op.

Easy and delicious.



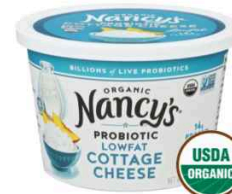
3.99

Daiya
Slices & Blocks
6.5-7.8 oz., selected varieties



4.99

Organic Valley
Cheese Slices
6-8 oz., selected varieties



4.49

Nancy's
Organic Cottage
Cheese
16 oz., selected varieties



The co-op helps you eat well all day.



2/\$5

Kevita
Organic Probiotic Drink
15.2 fl. oz., selected varieties



3.79

Rebbl
Organic Protein Beverage
12 fl. oz., selected varieties



2/\$8

Evolution Fresh
Organic Juices
15.2 fl. oz., selected varieties



1.89

Icelandic Provisions
Yogurt
4.4-5.3 oz., selected varieties



6.49

Miyoko's Creamery
Organic Cashewmilk Mozzarella
8 oz., selected varieties

*fermented food
for everyone*

INCLUSIVE TRADE PARTNER

GT's Living Foods is a family- and LGBTQIA+-owned business. Since our humble beginnings in 1995, GT Dave has created living foods with organic plants, raw fermentations, naturally occurring probiotics, peace, love and pride.



2/\$6

GT's
Organic Kombucha
16 fl. oz., selected varieties



2/\$6

GT's
Ancient Mushroom Elixir
16 fl. oz., selected varieties



5.49

GT's
Organic Cocoyo
8 oz., selected varieties

Try new flavors at the co-op.



3.79

Kite Hill
Dairy-free Dips
or Sour Cream
8 oz., selected
varieties



4.49

Kite Hill
Almondmilk Yogurt
16 oz., selected varieties



5.99

Kite Hill
Dairy-free Cream
Cheese
8 oz., selected varieties



6.49

Kite Hill
Non-dairy Pasta
9 oz., selected varieties

←
*game changing,
plant-based foods*

Stock up on your essentials with **Kite Hill**. From our versatile ricotta and sour cream to our delicious cream cheese, pastas, dips and yogurt — we are sure to have all your dairy-free needs covered to please everyone at your table.



Find delicious ingredients at the co-op.

Enhance your snacks and meals.

plant-based bacon deliciousness



Our mission is to nourish lives by making smart food choices that support a healthy body, cultivate a curious mind and food palate, and honor and sustain the land.



2/\$5
Petit Pot
Organic Pudding
3.5 oz., selected varieties



5.49
Applegate
Bacon
8 oz., selected varieties

3.99

Sweet Earth
Seitan Bacon, Slices or Strips
5.5-8 oz., selected varieties

The co-op has meals for all lifestyles.



2/\$6

**Sweet Earth
Burritos**
5.5 oz., selected varieties



2.49

**Stahlbush Island
Farms
Frozen Vegetables**
10 oz., selected varieties



2/\$6

**Nature's Path
Organic
Waffles**
7.4 oz., selected varieties



2/\$8

**Annie's
Pizza Poppers**
6.8 oz., selected varieties



2/\$8

**Cascadian Farm
Organic
Frozen Potatoes**
12-16 oz., selected varieties



2/\$10

**Bubbies Ice Cream
Mochi Ice Cream**
7.5 oz., selected varieties



2/\$4

**Forage Kombucha
Organic
Kombucha**
12 fl. oz., selected varieties



7.49

**Daiya
Pizza**
13.47-19.4 oz., selected varieties



Our World's Best Burger is organically certified and our best-selling burger. With lush greens, sweet potatoes and whole grain millet, this delight truly lives up to its name! Now offered in 4-pack quantities! The rest of our burgers on sale are just as delicious!

3.99

**Hilary's
Veggie Burgers**
10-11 oz., selected varieties



5.49

**Canyon Bakehouse
Gluten-free Bread,
Bagels or Rolls**
10.8-18 oz., selected varieties

Shop the co-op for a tasty start to the summer.



make a splash!

SUMMER STAPLES

If you want to get ready to enjoy the summer months, head to the co-op to shop for poolside essentials! On sale now, you'll find refreshing Reed's Ginger Beer, as well as JonnyPops ice cream treats for the kids. And don't forget Badger Sport sunscreen for a fun-filled day in the sun.



9.99

Badger
Mineral
Sunscreen
2.9 fl. oz., selected
varieties



3.99

Reed's
Ginger Ale
4 pk.-12 fl. oz. cans,
selected varieties



2/\$8

JonnyPops
Frozen Fruit or
Cream Bars
8.25 fl. oz., selected varieties



2/\$9

Oatly
Frozen Dessert
1 pt., selected varieties



2/\$7

Annie's Homegrown
Organic Bunny
Grahams or Crackers
7-7.5 oz., selected varieties



2/\$6

Good Health
Avocado Oil
Potato Chips
5 oz., selected varieties

Shop the co-op for poolside essentials.

Some items may not be available at all stores or on the same days

Great items are on sale at the co-op!

Some items may not be available at all stores or on the same days

daily dose
of wellness



2/\$6

Bragg
Apple Cider Vinegar
Refresher
16 fl. oz., selected varieties



5.99

Bragg
Organic Apple
Cider Vinegar
32 fl. oz., selected varieties



4.49

Bragg
Liquid Aminos
16 fl. oz.



11.99

Bragg
Organic Extra
Virgin Olive Oil
16 fl. oz.



Make a refreshing summer salad.

Gather your ingredients.



Sir Kensington
pioneer mayonnaise

After years of dipping, tasting and experimenting, the first-of-its-kind mayo lineup made with the finest organic certified, humane, free-range eggs, 100% non-GMO oils and an array of flavor-rich spices was born.

5.99

Sir Kensington's
Mayonnaise
12 fl. oz., selected varieties



9.99

Once Again
Almond Butter
16 oz., selected varieties

Delicious ingredients are at the co-op.



2.79

Woodstock
Organic Mustard
8 oz., selected varieties



2/\$6

Woodstock
Organic Ketchup
20 oz.



3.99

Woodstock
Organic Mayonnaise
16 fl. oz.



4.99

Woodstock
Organic Pickles or Relish
16-24 oz., selected varieties

*eat because
it's good*



Grilling season is upon us!
What better way to enjoy
your favorite summer meals
than with **Woodstock's**
condiment lineup of organic
mayo, ketchup, Dijon mustard
and crunchy baby dill pickles.



2/\$3

Annie's
Mac & Cheese
5.25-6 oz., selected
varieties



4.99

Jeff's Garden
Olives
7-7.5 oz., selected
varieties



*family founded
and owned*

Jovial creates allergen-friendly,
ancient varietal and artisan crafted
foods that are manufactured
in Italy and grown by small-scale
farmers. Jovial's core values
include being 100% organic, non-
GMO, and glyphosate residue free
certified, with all ingredients being
responsibly sourced.



2/\$5

Jovial
Organic Beans
13 oz., selected
varieties



2/\$7

Jovial
Organic Tomatoes
18.3 oz., selected
varieties



3.19

Jovial
Organic Cassava
Pasta
8 oz., selected varieties



3.49

Jovial
Organic Brown
Rice Pasta
12 oz., selected varieties

Shop for organic and gluten free at the co-op.



2/\$6

Choice Organics
Tea
16 ct., selected varieties



9.99

Peace Coffee
Organic Ground
Coffee
12 oz., selected varieties



5.99

Food For Life
Original or Golden
Flax Cereal
16 oz., selected varieties



2/\$7

R.W. Knudsen
Juice
32 fl. oz., selected
varieties



2/\$8

Cascadian
Farm Organic
Cereal, Granola or
Granola Bars
7.4-14.6 oz., selected
varieties



2/\$4

Rxbar
Protein Bars
1.83-1.9 oz.,
selected varieties



2/\$8

Mom's Best
Cereals
17.5-24 oz., selected
varieties



4.99

Santa Cruz
Organic
Peanut Butter
16 oz., selected varieties



6.99

Lakewood
Organic Pineapple
Juice
32 fl. oz., selected varieties



scoop up the savings in bulk!



2.79

Organic
Pinto Beans
per pound in bulk



2.79

Organic
Pearled Farro
per pound in bulk



5.49

Organic
Date Coconut
Rolls
per pound in bulk



Check out the variety of products at the co-op.



2/\$6

Stacy's
Pita or Bagel
Chips
7-7.33 oz., selected
varieties



4.99

Tate's Bake Shop
Cookies
7 oz., selected varieties



2/\$4

Alo
Aloe Vera Juice Drink
16.9 fl. oz., selected varieties



Summer nights deserve great snacks.

Make memories together.



2/\$6

Equal Exchange
Organic
Chocolate Bars
2.8 oz., selected varieties



2/\$5

Food Should
Taste Good
Tortilla Chips
5.5 oz., selected varieties



3.29

Hippeas
Organic Chickpea
Puffs
4 oz., selected varieties



2.79

Goldthread
Plant-based
Tonics
12 fl. oz., selected
varieties



4.99

Lacroix
Sparkling Water
12 pk.-12 fl. oz., selected
varieties

The co-op has snacks and drinks to share.



9.99

Woodstock
Lump Hardwood Charcoal
8.8 lb.



7.49

Biokleen
Bac-Out Stain &
Odor Remover
32 fl. oz.



9.99

Green Forest
100% Recycled
Paper Bath Tissue
12 ct.



3.49

Repurpose
Compostable
Plates or Bowls
20 ct., selected varieties



18.79

MegaFood
Turmeric
Curcumin Extra
Strength
60 ct.



18.99

Enzymedica
Digest Gold
45 ct.



39.99

Ancient Nutrition
Multi Collagen
Protein Powder
16.65-18.1 oz., selected varieties



49.99

Nordic Naturals
Ultimate Omega
180 ct.

grill something new

SO MANY CHOICES

You probably have your favorite food selections to grill at this time of year, but did you know grocery.coop has many grilling tips and recipes? This year, it might be time to try grilling some different veggies, shellfish, steak, tofu or ribs. Enjoy the aromatic and delicious flavors for a delicious summer of feasting.



Find great grilling recipes at [grocery.coop](https://www.grocery.coop).



3.29

**Dr. Bronner's
Pure Castile Bar Soap**
5 oz., selected varieties

The Original Eco Chic® Beauty

INCLUSIVE TRADE PARTNER

We are a proud veteran-owned brand, and since 1979, the Giovanni Rule of Balance has been our commitment to make each product as pure as possible without sacrificing exceptional product performance. Enjoy incredible savings on top-selling products like Tea Tree Triple Treat Shampoo & Conditioner!

2/\$11

Giovanni
Shampoo or Conditioner
6.8-8.5 fl. oz., selected varieties



Feel fresh and clean all summer.

Gentle products for everyone.



5.99

**Tom's of Maine
Toothpaste**
4-5.5 oz., selected varieties



5.49

**Every Man Jack
Deodorant**
2.7-3 oz., selected varieties



The co-op helps you feel your best.

Shop for fresh, delicious, local food at a co-op near you.

ILLINOIS

Common Ground Food Co-op
Dill Pickle Food Co-op
Green Top Grocery
Neighborhood Co-op Grocery
Sugar Beet Food Co-op

INDIANA

3 Rivers Natural Grocery
Bloomingfoods Market and Deli
Maple City Market

IOWA

New Pioneer Co-op
Oneota Community Co-op
Wheatsfield Cooperative

KANSAS

The Merc Co+op

KENTUCKY

Good Foods Co-op

MICHIGAN

Grain Train Natural Foods Market
GreenTree Co-op Market
Keweenaw Co-op Market & Deli

Marquette Food Co-op
Oryana Community Co-op
People's Food Co-op – Ann Arbor
PFC Natural Grocery & Deli
Ypsilanti Food Co-op

MINNESOTA

Bluff Country Co-op
City Center Market
Cook County Whole Foods Co-op
Eastside Food Cooperative
Good Earth Food Co-op
Hampden Park Co-op
Harmony Natural Foods Co-op
Just Food Co-op
Lakewinds Food Co-op
Linden Hills Co-op
Mississippi Market
Natural Harvest Food Co-op
People's Food Co-op – Rochester
River Market Community Co-op
Seward Community Co-op
Spiral Food Co-op
St. Peter Food Co-op & Deli

Valley Natural Foods
Wedge Community Co-op
Whole Foods Co-op

NEBRASKA

Open Harvest Cooperative Grocery

OHIO

Phoenix Earth Food Co-op

SOUTH DAKOTA

Natural Abundance Food Co-op
Sioux Falls Food Co+op

WISCONSIN

Basics Cooperative Natural Foods
Chequamegon Food Co-op
Menomonie Market Food Co-op
Oshkosh Food Co-op
Outpost Natural Foods Co-op
People's Food Co-op – La Crosse
Viroqua Food Co+op
Whole Earth Market Co-op
Willy Street Co-op



*to find a food co-op near
you, visit us online at:
grocery.coop*

morning maker

Organic Valley Half and Half is rich, creamy and delicious. Just what you'd expect from organic, pasture-raised cows.

4.79

**Organic Valley
Half & Half**

32 fl. oz.



8.99

**Equal Exchange
Organic Coffee**
10-12 oz., selected
varieties

Co-ops support products and services that ensure personal and planetary health; a legacy we can be proud to leave generations to come.



Co-ops are committed to fostering inclusive communities, promoting brands that are women-, BIPOC-, LGBTQ- and veteran-owned.

Some items may not be available at all stores or on the same days.

MW0623A

