

coop deals

DEC 3 - DEC 16, 2025

brunch time favorite

LET IT SIZZLE

Complete your brunch spread with Applegate Naturals' Sunday Bacon — a perfectly crisp and savory choice on a winter morning. The co-op has plenty of food, coffee and tea to choose from to create a cozy weekend brunch vibe. Stop in to find bacon and more on sale!



5.79

Applegate
Pork Bacon
8 oz., selected varieties



2/\$6

Nature's Path
Organic
Frozen Waffles
7.4 oz., selected varieties



3.99

R.W. Knudsen
Juice Blend
32 fl. oz., selected
varieties



4.69

Wholesome
Organic Sugar
24-26 oz., selected
varieties



Complete your brunch menu and save at the co-op.
Delicious ingredients you love.



3.79
Kite Hill
Plant-based Dip
or Sour Cream
8 oz., selected varieties



5.99
Kite Hill
Plant-based
Cream Cheese
8 oz., selected varieties



4.79
Kite Hill
Plant-based Yogurt
16 oz., selected varieties



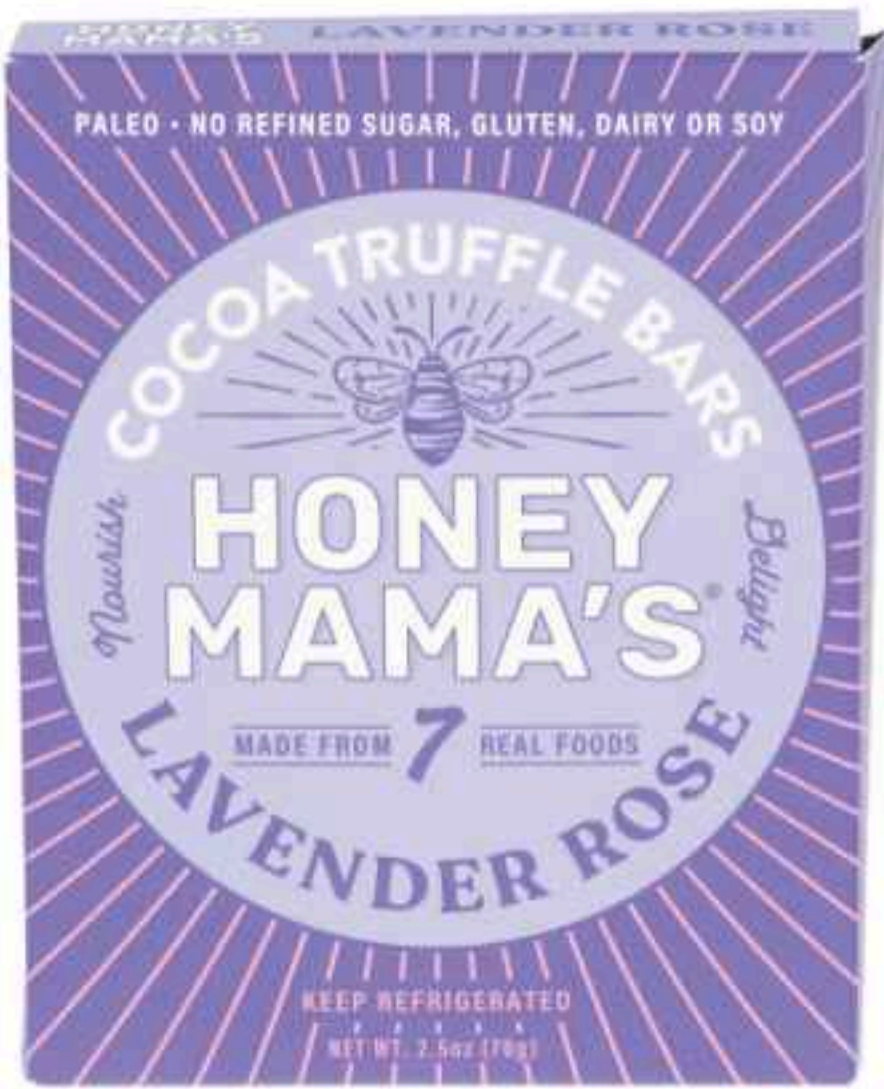
6.49
Kite Hill
Dairy-free Filled
Pasta
9 oz., selected varieties

*dairy-free
holiday hacks*

Need a dairy-free meal everyone will enjoy? **Kite Hill** has got you covered. From dips and spreads for apps to stuffed pastas for main courses to all the ingredients you need for delicious desserts, our dairy-free favorites are a guaranteed crowd pleaser.



3/\$4
Fage
Greek Yogurts
5.3 oz., selected varieties



3.99
Honey Mama's
Truffle Bar
2.5 oz., selected varieties



9.99
Evolution Fresh
Juice
59 fl. oz., selected varieties



2/\$7
Koia
Plant-based Protein
Drinks
12 fl. oz., selected varieties



4.49
Miyoko's Creamery
Organic Plant Milk
Cream Cheese
8 oz., selected varieties

The co-op has your favorite breakfast items.

Some items may not be available at all stores or on the same days

pasture-raised,
always

Eggs and butter by farmers who care, who share our commitment to animal welfare. Whether scrambled or baked - crack 'em open. Our eggs are delicious, responsibly raised and made to make a difference.



2/\$7

Vital Farms
Butter
8 oz., selected varieties



5.49

Vital Farms
Pasture-raised Liquid
Whole Eggs
16 oz.



9.49

Vital Farms
Large Pasture-raised
Grade A Eggs
18 ct.



3.99

Nancy's
Organic Cultured
Cream Cheese
8 oz., selected varieties



pasture makes perfect

COOPERATIVELY OWNED

What makes our sour cream so deliciously different? It's made from organic milk from cows grazing on nutritious grass. It's creamy, rich and filled with pasture-raised goodness.

3.99

Organic Valley
Sour Cream
16 oz.



COOPERATIVELY OWNED



3.99

Organic
Valley
Oat Creamer
32 fl. oz., selected
varieties

From breakfast to baking, find it at the co-op.

Some items may not be available at all stores or on the same days

homemade
in minutes



Amy's delicious meals, soups and burritos are made with organic ingredients and real care to satisfy every craving.

3.99
Amy's
Soup
13.65-14.7 oz.,
selected varieties

2/\$6
Amy's
Burritos
5.5-6 oz.,
selected varieties

3.99
Amy's
Macaroni &
Cheese
9 oz.

5.99
Amy's
Frozen Meal
8.25-10.3 oz.,
selected varieties



Delicious meals made in minutes.
Fuel for busy evenings.

your plant-powered upgrade

Packed with plant-based protein. Delicious and endlessly versatile, our high-protein tofu is perfect for stir-fries, grilling or hearty meals anytime.

3.49
Wildwood Organic
High Protein Tofu
16 oz.



7.99
Cappello's
Grain-free Pizza
11-12 oz., selected
varieties



Food everyone loves is at the co-op.

Some items may not be available at all stores or on the same days



2/\$7

Equal Exchange
Organic Teas
20 ct., selected varieties



7.99

Equal Exchange
Organic Chocolate Chips
10 oz., selected varieties



10.99

Equal Exchange
Organic Coffee
10-12 oz., selected varieties

sustainably sourced,
expertly roasted

COOPERATIVELY OWNED

From farmer co-ops to **Equal Exchange's** worker-owned co-op to your community co-op. We are committed to sourcing from democratically organized cooperatives that grow coffee with care for surrounding ecosystems and to supporting long-term partnerships that keep small family farms thriving!



2/\$4

Rxbar
Protein Bars
1.83-1.9 oz., selected varieties



2/\$9

Organic India
Tulsi Teas
18 ct., selected varieties



4.99

Crofter's
Organic Premium
Fruit Spread
16.5 oz., selected varieties



2/\$9

Mom's Best
Cereals
17.5-24 oz., selected varieties



5.99

Maranatha
Organic Peanut
Butter
16 oz., selected varieties



7.69

Bob's Red Mill
Organic Rolled
Oats
28-32 oz., selected varieties



9.99

Peace Coffee
Organic Coffee
12 oz., selected varieties

COOPERATIVELY OWNED



12.49

Equal Exchange
Organic Mind,
Body & Soul
Coffee
per pound in bulk

The co-op has something for everyone.

Some items may not be available at all stores or on the same days



←
pump up the jam

CHEESY COMBOS

Seasonal entertaining is easy — grab your favorite cheeses, crackers and jams and create a charcuterie platter your guests will remember. The co-op has a variety of these to choose from. Scan the QR code for some delicious ideas!



2/\$4
Dr.
McDougall's
Soup Cups
1.8-3.4 oz., selected
varieties



7.49
Rao's
Pasta Sauce
15-24 oz., selected
varieties



2/\$7
Montebello
Organic Pastas
16 oz., selected varieties



3.79
Imagine
Organic Broth
32 fl. oz., selected
varieties



3.79
Woodstock
Organic Olives
8.4-8.5 oz., selected
varieties



4.49
Rao's
Soup
15.5-16 oz., selected
varieties



19.99
Napa Valley
Naturals
Organic Extra
Virgin Olive Oil
25.4 fl. oz.



2.79
Jeff's Garden
Pickled
Peppers
12 fl. oz, selected
varieties



2/\$4
Muir Glen
Organic Tomatoes
14.5-15 oz., selected
varieties

Stock the pantry with help from the co-op.

Some items may not be available at all stores or on the same days



everyday low price
2.69
Field Day
Organic
Coconut Milk
13.5 fl. oz., selected
varieties



COOPERATIVELY OWNED
4.89
Simply Organic
Cinnamon
2.45 oz.



4.49
Lily's
Chocolate Bar
2.8-3 oz., selected varieties



everyday low price
6.99
Field Day
Canola Oil
32 fl. oz.



21.99
California Olive Ranch
Extra Virgin Olive Oil
33.8 fl. oz.



6.99
Bob's Red Mill
Organic Flour
5 lbs., selected varieties



7.49
Lily's
Baking Chips
9 oz., selected varieties

scoop up the savings in bulk!



1.69 Organic Rolled Oats
per pound in bulk



2.19 Organic Light
Brown Sugar
per pound in bulk



7.99 Organic Walnut
Halves & Pieces
per pound in bulk

Find your baking ingredients at the co-op.

Some items may not be available at all stores or on the same days



2/\$6

Barbara's
Cheese Puffs
7 oz., selected
varieties



2/\$6

Surf Sweets
Candies
2.75 oz., selected
varieties



garden magic

From organic blue kernels to the first blue corn tortilla chips, we've transformed simple ingredients with care and intuition to a spellbinding perfect crunch.

4.99

Garden of Eatin'
Organic Tortilla Chips
14 oz., selected varieties



3.29

Boulder Canyon
Potato Chips
5.25-6.5 oz., selected
varieties



3.49

Siete
Grain-free
Cookies
4.5 oz., selected
varieties



2/\$7

Stacy's
Pita Chips
6.75-7.33 oz.,
selected varieties

*seasonal
snack platter*

GATHER AROUND

Stop by the co-op to find all your family's favorite snacks with ingredients you can feel good about.



4.99

Unreal
Candy
3.2-5 oz., selected
varieties



4.99

Tony's
Choclonely
Chocolate Bar
6.35 oz., selected
varieties

All your party snacks are at the co-op.

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INCLUSIVE TRADE PARTNER

South of France is a women-owned company. We still kettle cook small batches of our soap using a traditional Marseille recipe.



3.39 South of France
Bar Soap
6 oz., selected varieties

Support Inclusive Trade

DIVERSITY IS STRENGTH

Co-ops around the country are committed to fostering diverse and inclusive communities. We're pleased to offer great deals on brands and products that are women-, Black-, Indigenous-, people of color- (POC), LGBTQIA+-, persons with disabilities- and veteran-owned.

inclusive
trade



Find our full list of
Inclusive Trade partners!

INCLUSIVE TRADE PARTNER

RADIUS is a woman-owned company. We use recycled materials and create sustainable toothpastes, flosses and other daily use objects.



3.69 Radius
Dental Floss
55 yd., selected varieties

INCLUSIVE TRADE PARTNER

Miss Jones Baking Co. is a woman-owned company. We make baking mixes and frostings that are responsibly sourced and made without artificial flavors or hydrogenated oils.



5.99 Miss Jones Baking Co.
Organic Frosting
11.29 oz., selected varieties

INCLUSIVE TRADE PARTNER

Fishwife is a woman-owned company. We aim to make ethically sourced and delicious tinned seafood a staple in every cupboard.



6.49 Fishwife
Tinned Fish
3.7-4.2 oz., selected varieties

The co-op is committed to diverse communities.

comfort and joy
holiday mist

COOPERATIVELY OWNED

Bring the festive aromas to your home with this comforting room spray recipe.

Combine the **Aura Cacia** items below with water in a bottle, shake well and spray.

- 16 drops Sweet Orange Essential Oil
- 10 drops Lavender Essential Oil
- 10 drops Clove Bud Essential Oil
- 2 fl. oz. water



3.29

Aura Cacia
Eucalyptus
Essential Oil
.5 fl. oz.

6.79

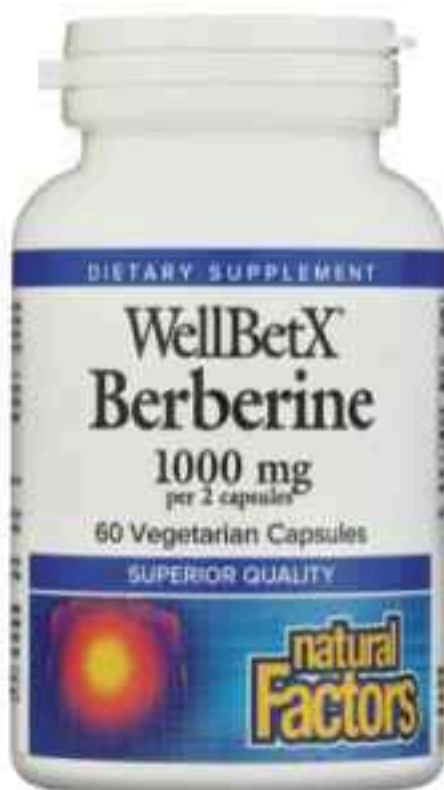
Aura Cacia
Lavender
Essential Oil
.5 fl. oz.

3.29

Aura Cacia
Organic
Castor Oil
4 fl. oz.

2/\$5

Aura Cacia
Foam or Mineral
Bath Packets
2.5 oz., selected varieties



16.99

Natural Factors
WellBetX
Berberine
60 ct.



22.99

Nordic Naturals
Omega-3 Fish Oil
120 ct.

Never miss your
favorite deals



coop deals.

Download the App!

- Find your closest food co-ops
- See what's on sale
- Never miss your favorite deals

Scan the QR codes to download the Co+op Deals app!



23.99

Garden of Life
Organic Elderberry
Gummies
120 ct.

Download the Co+op Deals app today!



7.99
Avalon Organics
Shampoo or Conditioner
11 fl. oz., selected varieties



2.69
Green Forest
Facial Tissue
175 ct.



5.99
Davids
Toothpaste
5.25 oz., selected varieties



7.49
Desert Essence
Thoroughly Clean
Face Wash
8 fl. oz.



10.99
Life-Flo
Pure Magnesium Oil
8 fl. oz.



15.99
Derma E
Vitamin C
Concentrated
Serum
2 fl. oz.



38.99
Evanhealy
Face Moisturizer
1.4 fl. oz., selected varieties

*rich lather,
clean feel*

Our Pure-Castile Magic Bar Soap is made with a nourishing blend of Regenerative Organic Certified® oils to effectively clean body, face and hands! Real soap with genuine scents for mindful care.

3.29
Dr. Bronner's
Pure Castile Bar Soap
5 oz., selected varieties



9.49
Heritage Store
Rosewater Facial Mist
8 fl. oz.

The co-op has products you can trust.

Some items may not be available at all stores or on the same days

Shop for fresh, delicious, local food at a co-op near you.

ILLINOIS

Common Ground Food Co-op
Dill Pickle Food Co-op
Food Shed Co-op
Green Top Grocery
Neighborhood Co-op Grocery
Sugar Beet Food Co-op
Wild Onion Market

INDIANA

3 Rivers Natural Grocery
Bloomingfoods Market and Deli
Maple City Market
Purple Porch Food Co-op

IOWA

New Pioneer Co-op
Oneota Community Co-op
Wheatsfield Cooperative

KANSAS

The Merc Co+op

KENTUCKY

Good Foods Co-op

MICHIGAN

Detroit People's Food Co-op
Grain Train Natural Foods Market
GreenTree Co-op Market

Keweenaw Co-op Market & Deli
Marquette Food Co-op
Oryana Community Co-op
People's Food Co-op – Ann Arbor
PFC Natural Grocery & Deli
Ypsilanti Food Co-op

MINNESOTA

Bluff Country Co-op
City Center Market
Cook County Co-op
Eastside Food Cooperative
Good Earth Food Co-op
Hampden Park Co-op
Harmony Natural Foods Co-op
Just Food Co-op
Lakewinds Food Co-op
Mississippi Market
Natural Harvest Food Co-op
People's Food Co-op – Rochester
River Market Community Co-op
Seward Community Co-op
Spiral Food Co-op
St. Peter Food Co-op & Deli
Valley Natural Foods
Wedge Community Co-ops
Whole Foods Co-op

NEBRASKA

Open Harvest Cooperative Grocery

OHIO

Phoenix Earth Food Co-op

SOUTH DAKOTA

Natural Abundance Food Co-op
Sioux Falls Food Co+op

WISCONSIN

Basics Cooperative Natural Foods
Chequamegon Food Co-op
Hudson Grocery Cooperative
Menomonie Market Food Co-op
Oshkosh Food Co-op
Outpost Natural Foods Co-op
People's Food Co-op – La Crosse
Viroqua Food Co+op
Whole Earth Market Co-op
Willy Street Co-op

*See what's on sale with
the Co+op Deals app!*

coop deals

Download the App!



Already an app user? Be sure to update to the latest version on the Apple App or Google Play store.

taste the magic



Celebrate what's possible when pleasure meets purpose. Made with Regenerative Organic Certified© cocoa and sugar, Magic Chocolate is lovingly crafted using ingredients grown with respect for people and planet.

3.79

Magic Chocolate
Organic Chocolate Bar
2.93-3 oz., selected varieties



Scan the QR code to learn more about the quality and values represented by these symbols.



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MWI225A